

**BEHAVIORAL HEALTH ADVISORY BOARD (BHAB)
PREVENTION COMMITTEE
MINUTES - Tuesday, July 12, 2022**

<p>Members Present</p> <p>Janis Gardner, Chair BHAB Prevention Committee Claudia Armann, BHAB Patricia Mowlavi, BHAB Katherine Gross, Saving Lives Camarillo (SLC) Liz Warren, The Client Network Melissa Hannah, United Parents Mark Stadler, CIT Scott Walker, CIT</p>	<p>Ventura County Behavioral Health (VCBH) Managers/Staff Present</p> <p>Dr. Jamie Rotnofsky, Mental Health Services Act (MHSA) Sr. Manager Anastasia Flores, SUS DUI Manager Estella Magdalena-Ortega, Office of Health Equity, Administrative Assistant Janet Kaplan, SUS Prevention, Sr. Program Administrator Sara Sanchez, Access & Outreach, Division Chief Sheila Murphy, SUS Prevention, COAST Administrator Sandra Tovar, Office of Health Equity, Program Administrator Joanna Peterson, Administration & Zoom Engineer</p> <p>Lorena Suarez, Interpreter, Homeland Language Services</p> <p>NEXT MEETING: In-Person & Virtual Meeting via Zoom</p> <p>Tuesday, September 13, 2022, 3:15 – 4:30 p.m. Ventura County Behavioral Health - 1911 Williams Drive, Training Room (First floor) Oxnard, CA 93036</p> <p>Zoom link: https://us02web.zoom.us/j/85118862194?pwd=ZmwwRVQ1cDNRY2pFQ1kwcHA3Y0VyUT09 Meeting ID: 851 1886 2194 Password: 332632 Dial-in 669 900 9128</p>
<p>Others Present</p> <p>Connor Kubeisy, Simi Valley Resident Jeanne Spencer, IDEA Engineering</p>	<p>Note: The committee has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.</p>

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
I.	<p>Call to Order - Welcome and Introductions (Roll Call) Chair Gardner called the meeting to order at 3:15 p.m. Chair Gardner welcomed everyone. Joanna Peterson, Zoom Engineer, read the Meeting instructions. Roll call was completed by Chair Gardner.</p>		
II.	<p>Approval of the Agenda Ms. Gardner asked the Committee to review and approve the July 12, 2022, agenda. Agenda was approved as written.</p>	<p>The agenda was approved as written.</p>	<p>Motion: Claudia Armann Second: Liz Warren</p>
III.	<p>Approval of the Minutes Ms. Gardner asked members to review and approve the minutes of the May 10, 2022, meeting.</p>	<p>The minutes were approved as written. M/S/C</p>	<p>Motion: Claudia Armann Second: Liz Warren</p>
IV.	<p>Chair Announcements</p> <ul style="list-style-type: none"> Ventura County Sherriff's officials hope to lower recidivism and prevent suicides among inmates with a newly approved budget of increased funding from the VC General Fund for inmate healthcare. The contract is with Wellpath who currently provides mental health services. The improvements include increased mental health and dental care; and licensed clinicians will now provide around-the-clock care as outlined in their contract. They will be fined for not adhering to the contract as written. For example, Wellpath will have to pay the County \$1500 every time a patient showing symptoms is not evaluated by a mental health professional within 24 hours of arrival in jail. The national hotline "988" will take effect on July 15th. The NAMI 2022 Annual State Conference is being held in Newport Beach on August 25th & 26th. The Mixteco Indigena Community Organization (MICOP) is holding a backpack drive and is asking for financial donations of backpacks and school supplies for indigenous students in Ventura County and Santa Barbara County. The "Night in Oaxaca" fundraiser is being held on August 4th at the Olivas Adobe. 		

IV.	Chair Announcements (continued) <ul style="list-style-type: none"> For Ventura County residents, who are underserved or struggling with low-income, Ventura County State Assembly Woman, Jacqui Irwin, is leading a select committee on gasoline supply and pricing. This legislative committee was created to find out why Californian's are paying 25% or more on gas than the national average. 		
V.	Public Comments None.		
VI.	BHAB Prevention Committee Member Comments None.		
VII.	Ventura County Behavioral Health (VCBH) Staff Updates <p>A.) Dr. Jamie Rotnofsky, MHSA Sr. Manager, announced the following:</p> <ul style="list-style-type: none"> The Ventura County Health Needs Assessment that was sponsored by the Ventura County Innovation Collaborative between VCBH and MHSA was completed. It was comprised of 3000 Needs Assessment surveys and additional secondary data and focus groups. Despite having all the surveys, technically, the Needs Assessment is still open, so if people want to fill-out any additional surveys, that would be acceptable, since it might include more of the underserved population. The results of this can be found on www.healthmattersinvc.org Portions of this report will be utilized for the MHSA 3-year Annual Update. MHSA will be holding additional focus groups in unserved areas identified in the report, as well as focus groups targeting homelessness. Once the research is completed, the MHSA unit will be holding community groups to receive feedback. The Suicide Prevention Forum will be held in-person at Ventura College on Wednesday, September 21 - details are being finalized. The event is designed for community members and healthcare providers and will include high school and college students and community members. The larger forum will be held outside with some breakout rooms in classrooms. Effective July 16th, the new "988" national suicide crisis hotline will become active. This new number will replace the old national suicide hotline (which will always remain active – no cutoff date) and is effective across the entire United States. This new "988" number will also be used for anyone in crisis or distress including substance abuse crisis. Texting will be possible for the new "988" number – at launch only in English. A toolkit and more information are available about "988" on the SAMSHA website. <p>B.) Janet Kaplan, Sr. Program Administrator shared the following:</p> <ul style="list-style-type: none"> Two of the Prevention Community Services Coordinators, Alma Ixta and Erika Fernandez, are back out in-person in the Ventura County community. In the last two months, they have participated in approximately 30 community events. These include health fairs and various Prevention presentations where they are distributing new publications and talking about SUS - Prevention campaigns. Ms. Kaplan mentioned the latest SUS – Prevention media campaign called, "Fentanyl is Forever" - more information is available at: https://www.fentanylventuracounty.org <p>C.) Sheila Murphy, COAST Administrator, updated the group re: the following:</p> <ul style="list-style-type: none"> Formerly, the COAST Project was funded by a U.S. Department of Justice (D.O.J.) grant. The Project is now funded through different grants but remains in full swing. Brad Friday, COAST Project Data Management Coordinator, handles the Overdose Prevention Program which just went digital. As of July 1, 2022, the information that the OD Prevention Program had been gathering by paper is now done entirely in digital format. A COAST Program newsletter goes out quarterly. To receive this digital publication via email, please contact: sheila.murphy@ventura.org There is a "Prescribers Care" series of workshops that VCBH SUS – Prevention has been hosting with SUS – Prevention Provider, "Give an Hour." This series exclusively targets medical providers – two of four workshops have been completed this year with the next ones coming in August and the final in September. The "Prescribers Care" workshops give information about Fentanyl and what it does to those using it. <p>D.) Anastasia Flores, SUS DUI Manager, announced items that included:</p> <ul style="list-style-type: none"> After 2 years and 3 rounds of Requests for Proposal (RFP's), and lots of professional and technical assistance, DUI has awarded a contract to Khepera House for "Recovery Residences." "Recovery Residences" are a level of care that supports aftercare/recovery services. This is funded through Substance Abuse Block Grant funding (SABG) and is certified by a certification board at the State level. Colloquially, "Recovery Residences" is also known as "Sober Living Homes." They are not treatment centers, but are instead, structured housing for people in treatment. "Recovery Residences" was a required but missing part of the "ACM Continuum of Care," so it is very exciting to add this component to this new level of care. Khepera House has allocated 10 beds to SUS DUI for this contract. 		

VII.	<p>Ventura County Behavioral Health (VCBH) Staff Updates (continued)</p> <ul style="list-style-type: none"> • A 4th RFP round is forthcoming to obtain a contract to provide “Recovery Residences” for women. Khepera House is only for men. • Ideally, the goal is to have “Recovery Residences” for men and women throughout Ventura County. Because it’s a new level of care, this will take some time to develop. 		
VIII.	<p>Time Certain Presentation - 3:45 p.m. – Sara Sanchez, Access & Outreach Division Chief for VCBH, presented, “Logrando Bienestar Prevention Efforts” which included the following:</p> <ul style="list-style-type: none"> • Ms. Sanchez began with an overview of the newly created Access & Outreach Division and shared their main goal: to integrate VCBH Outreach Programs dedicated to providing outreach and engagement to Ventura County individuals and families to assist them in obtaining a variety of programs and services. • The Logrando Bienestar program was previously under the oversight of the VCBH Office of Health Equity under the guidance of Cynthia Salas and Sandra Tovar. • Logrando provides targeted efforts towards linking Latino individuals to services related to emotional and mental health to help them live a productive and healthy lifestyle. • Logrando Bienestar works closely with Ventura County Schools – within the VC School Districts there are 14 Memorandums of Agreement to have a presence in the schools to engage & support students and parents. • Wendy Hipple recently joined Logrando Bienestar as their Clinic Administrator who provides clinical oversight and consultation to the existing Community Services Coordinators as well as is responsible for linking Logrando Bienestar to families for benefits and services. • Approval was granted to have 10 more Community Services Coordinators. Currently, Logrando is actively recruiting for these new positions. • During COVID, Logrando Bienestar provided its services through Zoom and phone, and now, has resumed in-person community efforts to referrals to benefits and services. Hybrid services will continue to be available to the Ventura County community. • Logrando is evolving its programs to offer psychoeducation and resources and information about coping skills and tools that community members can utilize in their lives. 		
IX.	<p>Provider and Stakeholder Comments</p> <p>A. Jeanne Spencer, Chief Creative Officer, IDEA Engineering, shared the following updates:</p> <ul style="list-style-type: none"> • The 1st priority of FY 2022-23 is to complete another round of public outreach with the “Fentanyl is Forever” campaign because it is such a high priority for Substance Use Services Prevention efforts. • Target time frame is August 2022 to get these next efforts out across various Ventura County media channels. • On the MHSA side of IDEA’s efforts, they are working on the aforementioned “988” suicide hotline project. • In September 2022 in conjunction with National Suicide Prevention Month Forum, they will be doing more towards community outreach re: the new “988” hotline. <p>B. Katherine Gross, Coalition Coordinator, Saving Lives Camarillo, announced the following:</p> <ul style="list-style-type: none"> • During the week of July 17th, SLC will be attending the CADCA mid-year conference. • SLC is hosting with one of their mental health collaborators, a free suicide prevention virtual meeting on the evening of Tuesday, July 12 from 7 p.m. to 8:30 p.m. For more information, please contact Ms. Gross at communitydirector@savinglivescamarillo.net • SLC is working on a series of educational videos for students and parents in partnership with a local non-profit “Teens for Teen’s Help.” <p>C. Mark Stadler, Program Administrator, CIT, announced the following:</p> <ul style="list-style-type: none"> • CIT began its 8-hr CIT Training that is being provided for law enforcement who haven’t been in the 40-hr. class in a long time. Two classes were completed in May 2022 and four more in June 2022. CIT is working its way through Ventura County to get more law enforcement updated on new information. 		
X.	<p>VCBH Contracts Review</p> <p>Chair Gardner invited the group to share feedback on newly approved by BOS VCBH contracts related to VCBH Substance Use Services. No comments were made by the group.</p>		
XI.	<p>Old Business</p> <p>None.</p>		
XII.	<p>New Business</p> <p>Chair Gardner reminded attendees about the next BHAB PC Meeting on Tuesday, September 13, 2022, at 3:15 p.m. The September 2022 Time Certain Presentation will be done by Captain James Fryhoff, Sheriff-elect of Ventura County. Mr. Fryhoff will take office as Ventura County Sheriff in January 2023.</p>		
XIII.	<p>Adjourn</p> <p>The meeting adjourned at 4:30 p.m.</p>		