

**BEHAVIORAL HEALTH ADVISORY BOARD
PREVENTION COMMITTEE
MINUTES - Tuesday, January 11, 2022**

<p>Members Present</p> <p>Janis Gardner, Chair BHAB Prevention Committee Claudia Armann, BHAB Patricia Mowlavi, BHAB Elizabeth R. Stone Gabe Teran, VCOE Javier Bautista Katherine Gross, Saving Lives Camarillo Katherine Kasmir, BRITE Liz Warren, The Client Network Mark Stadler, Crisis Intervention Team (CIT) Melissa Hannah Roland Roberts, Reality Improv Connection - BRITE Scott Walker, Crisis Intervention Team (CIT)</p>	<p>Ventura County Behavioral Health (VCBH) Managers/Staff Present</p> <p>Dr. Jamie Rotnofsky, MHA Sr. Manager Anastasia Flores, Driving Under the Influence (DUI) Program Dan Hicks, Manager, Substance Use Services (SUS) Prevention Cari Kawell, Substance Use Services (SUS) Prevention Joanna Peterson, VCBH Admin & Zoom Engineer</p> <p>Lorena Suarez, Interpreter, Homeland Language Services</p> <p>NEXT MEETING: Tuesday, March 8, 2022, 3:15 – 4:30 p.m.</p>
<p>Others Present</p>	<p>Ventura County Behavioral Health - 1911 Williams Drive, Oxnard, CA 93036</p>
<p>Vicky Gonzales, VCPH</p>	<p>Zoom link:</p> <p>https://us02web.zoom.us/j/85118862194?pwd=ZmwwRVQ1cDNRY2pFQ1kwcHA3Y0VvUT09</p> <p>Meeting ID: 851 1886 2194 Password: 332632 Dial-in: 669 900 9128</p>
<p>Note: The committee has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.</p>	

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
I.	<p>Call to Order - Welcome and Introductions (Roll Call) Chair Gardner called the meeting to order at 3:18 p.m. Chair Gardner welcomed everyone. Joanna Peterson, Zoom Engineer, read the Meeting instructions. Roll call was completed by Chair Gardner.</p>		
II.	<p>Approval of the Agenda Ms. Gardner asked the Committee to review and approve the January 11, 2022, agenda. The motion carried unanimously through roll call.</p>	<p>The agenda was approved as written. M/S/C</p>	<p>Motion: Liz Warren Second: Patricia Mowlavi</p>
III.	<p>Approval of the Minutes Ms. Gardner asked the committee to review and approve the minutes of the November 9, 2021, meeting. The motion approved with the following amendment: add Claudia Armann to the attendees at this meeting.</p>	<p>The minutes were approved with an amendment. M/S/C</p>	<p>Motion: Claudia Armann Second: Liz Warren</p>
IV.	<p>Chair Announcements Chair Gardner shared the following items:</p> <ul style="list-style-type: none"> Ms. Gardner wished everyone a Happy New Year. This is Human Trafficking Prevention and Awareness Month, and the Ventura County Sheriff's Department has asked for pledges to do all that we can to rid our community of the horrors of human trafficking. To report any suspected incidents of human trafficking and to learn more about human trafficking, please visit: https://www.venturasheriff.org/VCSO%20Human%20Trafficking.html The Ventura County Board of Supervisors has approved several mitigation and prevention-oriented mental health programs which includes the expansion of the mobile crisis unit which 		

<p>IV.</p>	<p>Chair Announcements (continued)</p> <p>includes crisis care mobile unit for TAY – Transitional Aged Youth. This mobile crisis unit is in collaboration with the rapid response team. This was made possible through a grant program with the California Department of Healthcare Services (DHCS). There will also be another mobile health crisis unit that has already been approved. There have been delays because of finding a sprinter van which will then be retrofitted to accommodate the clients and their mental health needs.</p> <ul style="list-style-type: none"> • The Ventura County Board of Supervisors (VC BOS) has approved the creation of more than 235 affordable housing units. These units will fill a critical gap in housing needs for our most vulnerable populations in expanding behavioral health support. • Also, the VC BOS approved 180 affordable units of which 69 are for individuals with mental health challenges. These are supported thru “No Place Like Home,” Fillmore Terrace, Cypress Place at Garden City, Phase Two and Casa Aliento. • Effective as of December 1, 2021, an increase in services from 36 beds to 43 beds, are in place now at the I.P.U. • Chair Gardner asked Dan Hicks, SUS – Prevention, about who would be distributing the Naloxone Kits at VCMC and GoldCoast Transit for the clients that are being released. Mr. Hicks clarified that there are a few bus drivers who can provide Naloxone as needed, but who are not trained to give out OD Kits. Mr. Hicks also clarified that SUS – Prevention is collaborating to train Ventura County Medical Center’s existing navigators to be sure that we have more complete information made available to people who are stabilized in the Emergency Dept. The goal is to get anyone who is experiencing an opioid overdose to leave with a Naloxone Kit and the knowledge of knowing how to use it and a pathway to our VCBH treatment services. 		
<p>V.</p>	<p>Public Comments</p> <p>Elizabeth Stone asked the following questions of Dan Hicks, Manager, SUS – Prevention as follows:</p> <p>Ms. Stone asked clarification regarding the Syringe/Needle Replacement Program and if it was distributing the OD Kits. Mr. Hicks stated that the VC Public Health Syringe Replacement Program has been operating for many years and recently, SUS – Prevention has joined alongside of them in various settings to make available OD Rescue Kits.</p> <p>Ms. Stone mentioned that in Ventura there she has had a few people asking for training on Narcan. She asked Mr. Hicks to help coordinate possible Narcan Trainings to prevention ODs.</p> <p>Ms. Stone also asked how the navigators are working in the Emergency Rooms because that’s a location where there are several evidence-based programs that peers are engaging people. For example, Ms. Stone stated that she met a 24-year-old who had overdosed 27 times. Most people in a park in Ventura are not injecting, but instead they are smoking a combination of meth and fentanyl.</p> <p>Mr. Hicks offered to have a meeting with Ms. Stone and her staff regarding her specific concerns and providing her requested trainings.</p>		
<p>VI.</p>	<p>BHAB Prevention Committee Member Comments</p> <p>Claudia Armann thanked Gabe Teran for his detailed Time Certain Presentation. Ms. Armann asked about the evaluations conducted at the Wellness Centers at the High School sites and if the demand and staffing for that role for those is increasing. Mr. Teran replied that there is growth and success with these efforts but didn’t have the exact data to provide to the group at this time.</p> <p>Liz Warren gave thanks to Gabe Teran for his Time Certain Presentation. Ms. Warren commented that she thinks that CHPP offering student peers who are helping get the word out about mental health and wellbeing services on campus and in the community is very beneficial.</p>		
<p>VII.</p>	<p>Ventura County Behavioral Health (VCBH) Staff Updates</p> <p>A. Dr. Jamie Rotnofsky, MHSA Sr. Manager, mentioned that her team has been providing suicide prevention webinars that will include one on Grief & Loss on January 12th at 3 p.m. which includes subject matter on the impact of COVID and coping strategies and ways to address these turbulent times in positive ways. To register, visit: MHSA@ventura.org</p> <p>The Suicide Prevention Council will have their next meeting in February 2022, but there is also a sub-committee that will be meeting sometime in January. The sub-committee is working on developing a Ventura County Suicide Strategic Plan with the goal of having the draft out by September 2022 for National Suicide Awareness month.</p>		

<p>VII.</p>	<p>Ventura County Behavioral Health (VCBH) Staff Updates (continued)</p> <p>B. Dan Hicks, Manager, VCBH – SUS Prevention, gave multiple updates that included: The supplemental funding request that was made last summer appears to be coming through so VCBH can officially receive additional funds which will allow for the expansion of some Prevention messaging and outreach as well as Overdose Prevention efforts.</p> <p>Some of the highest risk people for overdose are people who use drugs and who may not have been assessed or may not meet the criteria for medical necessity. The Syringe Replacement programs around Ventura County that are operated by VC Public Health have been an opportunity for SUS – Prevention Staff to make Overdose Rescue Kits available, and to perform Prevention Education for users, friends, family members and providers who are able to respond to an overdose event.</p> <p>In November 2021, there were 139 kits distributed in collaboration with VC Public Health, and, in December 2021, there were 152 kits. These are not just kits being given out, these are the engagements with kit recipients for Overdose Prevention Education. In December 2021, there were 72 documented overdose reversals using Naloxone.</p> <p>Prevention has also been working with Oxnard Police Department and is also collaborating with all VC Law Enforcement Agencies and first responders to assist with getting kits out to VC County residents.</p> <p>As previously mentioned, SUS – Prevention has begun work with VCMC on making sure that training is available to adequately engage people to the Behavioral Health navigators for patients who are stabilized in the Emergency Department before they are discharged from the hospital.</p> <p>SUS – Prevention is also working with Gold Coast Transit on training in collaboration with other agencies to address multiple issues that include overdose risk.</p> <p>Mr. Hicks gave thanks to Anna Flores and the VCBH DUI program. The importance of data collection is tremendously helpful as a basis to target SUS – Prevention efforts to areas of need. One of these data sources is the “Place of Last Drink” survey collected by Ms. Flores’ DUI Staff from participants in the DUI program.</p> <p>Mr. Hicks provided a screenshare to the group to illustrate the “Fentanyl is Forever” campaign and encouraged the group to visit the related website at: www.fentanylventuracounty.org He added that between November 15, 2021 and December 15, 2021, there were fentanyl campaign spots running on broadcast television on KEYT and Spectrum Media. There were also targeted website and streaming video ads.</p> <p>C. Anna Flores, Manager, Driving Under the Influence (DUI) Program asked Dan Hicks, Manager, SUS – Prevention if there were still SUTS Clinics throughout the Ventura County Community where family or friends can go to receive OD Prevention trainings and receive a Naloxone Kit. Mr. Hicks shared the following phone number 805. 667.NOOD – the phone line to call to get directed to the nearest clinic.</p> <p>There are BH clinic staff at various locations who can make a kit available as well as the trainings that go along with that. For more information and to make an appointment, please visit: www.venturacountyresponds.org</p> <p>Ms. Flores discussed catalysts for change – for example, knowing somebody who has died of an overdose, particularly a young person who within their community the people that cared about that person, with grief and loss, one of the things that can happen with the senselessness of it, is committing to understanding how to administer Narcan. Being prepared to help if found in this situation again shouldn’t be based on waiting for an OD Training. Simply getting an OD Kit is helpful. Ms. Flores said you don’t have to be a client enrolled at VCBH to access an OD Kit at one of the sites.</p>		
<p>VIII.</p>	<p>Time Certain Presentation – Gabe Teran, Operations Specialist, Friday Night Live, Health & Prevention Programs, Ventura County Office of Education presented a PowerPoint presentation called, “Recent Advances and Adaptations in Serving Ventura County Youth” that included the following information:</p> <ul style="list-style-type: none"> • Mr. Teran discussed the efforts that the Ventura County Office of Education’s Comprehensive Health and Prevention Programs (VCOE CHPP) offers the Ventura County Community. • The VCOE CHPP spans topics including physical, mental, and behavioral health such as Health Education, Hearing Conservation, Prevention & Early Intervention (PEI), Wellness Centers, Social and Emotional Learning, Student Assistance Programs, and Substance Use Services and Tobacco Use Prevention Education (TUPE). • CHPP’s CA Health Education Standards activities include support to school districts for curriculum adoption; implementation of the CA Health Framework, and the CA Health Youth Act (CHYA) implementation; and assist in providing leadership on best practices for quality health 		

VIII.	<p>Time Certain Presentation – (continued)</p> <p>care services to support the lifelong educational achievement of students.</p> <ul style="list-style-type: none"> • CHPP offers Student Assistance Programs in coordination with VCBH SUS - Prevention and Redleaf Resources called BRRIM – Brief Risk Reduction Intervention and Interview Model which is open to all Ventura County school districts at no cost. • Through its Substance Use Prevention: Youth Development services, they offer training and technical assistance to youth & adults on topics such as: Addiction 101, Alcohol and Other Drugs: Addiction, Prescription Drug Abuse and Vaping Awareness. • The CHPP Friday Night Live (FNL) Standards of Practice include: Safe Environments, Opportunities for Community Engagement, Leadership & Advocacy Opportunities and Opportunities for Skill Development. • For more information on CHPP, please contact Gabe Teran at GTeran@vcoe.org 		
IX.	<p>Provider and Stakeholder Comments</p> <p>A. Katherine Kasmir, Executive Director, BRITE Youth commented on the Wellness Centers and that their staff members have been reaching out and students are participating.</p> <p>Ms. Kasmir mentioned that they just passed the 4000 student participation mark in their FY 21-22 133 school classroom workshops.</p> <p>B. Vicky Gonzales, Ventura County Public Health, Tobacco Policy & Education Program, gave thanks to all who have been working on the Fentanyl epidemic and to the BHAB Prevention Committee for all its work. Ms. Gonzales shared that recently she had a loved one overdose and Naloxone saved that person’s life.</p> <p>Ms. Gonzales mentioned that there is an upcoming online coalition meeting on The Ventura County Action on Smoking & Health which will be held on Tuesday, January 18th at 10 a.m.</p> <p>Ms. Gonzales’ team just closed out their last project period in September 2021. Their program engages local VC communities to promote and advance tobacco policy to protect people from secondhand smoke exposure in outdoor settings, multi-unit housing and it prevents young people from accessing tobacco products.</p> <p>C. Mark Stadler, CIT Program, gave announcements that included:</p> <p>One of Mr. Stadler’s projects is his participation on the Board of the California Crisis Intervention Training Association. On Friday, January 14, an 8-hr online conference will be held. It’s \$45 for the full day. More information can be found at www.cacita.net</p> <p>Mr. Stadler invited meeting participants to visit online Spectrum News 1 to watch a news interview about a veteran deputy officer in crisis events and the new CIT Voice Program.</p> <p>The CIT program received a grant for \$192,000 that they will be able to use to pay for backfill overtime and training for an 8-hr update class for officers who have already been through initial CIT training.</p> <p>The next CIT Academy is going to be held the first week of April 2022.</p>		
X.	<p>VCBH Contracts Review</p> <p>Liz Warren, The Client Network discussed multiple items regarding the 4 BOS approved VCBH contracts related to Prevention efforts which included her observations about and funding questions on the Statewide Prevention Early Intervention participation agreement, the Seneca Family participation agreement, the Jackson House participation agreement, and the CA Mental Health Services Authority participation agreement.</p> <p>Chair Gardner invited the group to email her questions regarding additional comments on the above 4 contracts.</p> <p>Additional group discussion was held.</p>		
XI.	<p>Old Business</p> <p>n/a</p>		
XII.	<p>New Business</p> <p>Chair Gardner invited attendees to email her ideas for future BHAB PC meeting presentations and mentioned there might a future presentation on the new The Wellness Centers.</p>		
XIII.	<p>Adjourn</p> <p>The meeting adjourned at 4:32 p.m.</p>		