

**VENTURA COUNTY BEHAVIORAL HEALTH ADVISORY BOARD  
 BHAB PREVENTION COMMITTEE  
 1911 WILLIAMS DRIVE, STE. 210, LAKE TAHOE CONFERENCE ROOM, OXNARD, CA**

**MINUTES □ September 10, 2019**

<p><b><u>Present</u></b>          Janis Gardner, Chair BHAB Prevention Committee, BHAB Member          Claudia Armann, BHAB Member          Marlen Torres, BHAB Member          Patricia Mowlavi, BHAB Member          Carmen Wyttenbach, VC Human Services Agency, Adult Protective Services          Diana Hernandez, The Client Network          Javier Bautista, Pacific Clinics' TAY Tunnel          Maya Lazos, Vista del Mar Hospital          Martha Navarrale, Poder Popular          Stuart Fiedler, The Client Network          Theresa Plante, Casa Pacifica          Vanessa Alva, BRITE, formerly Straight Up          Vickie Gonzales, VC Public Health          Yaakov Cahnman, Saving Lives Camarillo (SLC)</p>	<p><b><u>VCBH Staff Present</u></b>          Dr. Loretta Denering, VCBH-ADP          Jessica Davis, VCBH-ADP DUI          Dan Hicks, VCBH/ADP Prevention          David Tovar, VCBH/ADP Prevention          Cari Kawell, VCBH/ADP Prevention          Helen Tosh, VCBH/ADP Prevention          Clara Barron, VCBH/MHSA/PEI</p> <p><b>NEXT MEETING:</b>  <b>Tuesday, October 8, 2019, 3:15 – 4:30 p.m.</b></p> <p>Ventura County Behavioral Health (VCBH)          1911 Williams Drive, Lake Tahoe Conference Room          (2<sup>nd</sup> floor), Oxnard, CA 93036</p>
<p>Note: The committee has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.</p>	

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
<b>I.</b>	<b>Call to Order</b> The meeting was called to order at 3:20 p.m. by Chairperson, Janis Gardner.		
<b>II.</b>	<b>Welcome and Self-Introductions</b> The Chair welcomed all. Self-introductions were made around the table.		
<b>III.</b>	<b>Approval of the Agenda (Action)</b> Agenda for September 10, 2019 was approved as written.	<b>Approved as written.</b>  <b>M/S/C</b>	<b>Motion: Yaakov Cahnman</b> <b>2<sup>nd</sup>: Captain James Fryhoff</b>
<b>IV.</b>	<b>Approval of the Minutes (Action)</b> Minutes for August 13, 2019 were approved with an amendment – to remove Dan Hicks from the meeting attendee list as he was not present at the August 13, 2019 BHAB PC meeting.	<b>Approved with an amendment.</b>  <b>M/S/C</b>	<b>Motion: Yaakov Cahnman</b> <b>2<sup>nd</sup>: Jessica Davis</b>
<b>V.</b>	<b>Chair Announcements</b> Janis Gardner, Chair, BHAB Prevention Committee announced the following: <ul style="list-style-type: none"> <li>• A handout entitled “<i>Vaping-E-Cigarettes-Cannabis articles</i>” was distributed to the group listing excerpts from over 14 articles.</li> <li>• 4500 lifesaving Naloxone kits have been distributed as part of the VCBH ADP Prevention Services Overdose Prevention Program.</li> <li>• In Ventura County, 639 reversals have happened as a result of utilizing the OD Kits.</li> <li>• The RISE program that teams mental health experts with law enforcement officers has generated much improved treatment and service delivery to the mentally ill.</li> <li>• The Crisis Stabilization Unit (CSU) for children and adolescents has helped 61% of the youth treated to avoid mental health hospitalization.</li> <li>• In April 2019, VCMC opened a Crisis Stabilization Unit (CSU) for adults. They are working to expand the number of beds for the inpatient mental health unit.</li> </ul>		
<b>VI.</b>	<b>Public Comments</b> Stuart Fiedler, identified himself as, The Client Network, licensed professional engineer with Consumer Affairs, victims' advocate for the District Attorney's Office, and, a CA State Auditor, and stated that if an ounce of Prevention is worth a pound of cure, then he contends that an ounce of 19280 enforcement is worth millions of dollars in crime prevention and reduced mental stress, pain and suffering. Mr. Fiedler suggested that people google “California 19280.”		
<b>VII.</b>	<b>Old Business</b> <ul style="list-style-type: none"> <li>• The FY 2019-20 BHAB Prevention Committee Annual Report Mission Statement and Objectives were revisited and then approved as written. (<b>Action</b>)</li> <li>• Group discussion was held regarding the FY 2019-20 BHAB Prevention Committee</li> </ul>	<b>Approved as written.</b>  <b>M/S/C</b>	<b>Motion: Patricia Mowlavi</b> <b>2<sup>nd</sup>: Claudia Armann</b>

	<p>Annual Report to discuss the Introduction, Achievements, and Challenges sections of the report.</p> <ul style="list-style-type: none"> <li>Chair Gardner asked the group to review the Recommendations section of the report and to bring ideas to the October BHAB PC Meeting.</li> </ul>		
<b>VIII.</b>	<p><b>Time Certain Presentation (4 p.m.)</b></p> <p>Vicky Gonzales, Project Coordinator, Ventura County Public Health, presented a PowerPoint entitled, “<i>Ventura County Public Health Tobacco Policy Program: An Overview</i>” that included updates, such as:</p> <ul style="list-style-type: none"> <li>The Ventura County Public Health Tobacco Policy Program includes Propositions 99 and 56.</li> <li>The California Tobacco Control Program (CTCP) was established in 1989 as a result of Prop 99, the Tobacco Tax and Health Promotion Act of 1988, which added a 25-cent tax to each pack of cigarettes sold in CA and that designated 20 percent of the funds be directed toward preventing and reducing tobacco use.</li> <li>Prop 56 added an additional \$2.00 tax to each pack of cigarettes and an equivalent tax on other tobacco products, including electronic smoking devices (ESD), and designated that a portion of the tobacco tax revenue be directed toward reducing smoking and tobacco use among all Californians.</li> <li>Health officials urge people to stop vaping as illness reports mount. For example, Kansas health officials confirmed a first death from vaping related lung disease.</li> <li>E-cigarettes contain multiple volatile organic compounds, such as: nicotine, ultrafine particles, cancer-causing chemicals, heavy metals such as nickel, tin, lead, and, flavoring such as diacetyl, a chemical linked to a serious lung disease.</li> <li>Vaping illness cases at the national level were mentioned which include six (6) confirmed deaths in California, Illinois, Indiana, Minnesota, Kansas and Oregon.</li> <li>As of September 10, 2019, the CA Dept. of Public Health is investigating 57 potential cases of acute lung disease; one confirmed death in Los Angeles County; six reported in Ventura County, five of these have been confirmed; and, officials are trying to figure out what is causing people to fall ill. They think chemicals are to blame.</li> <li>The role of Ventura County Public Health as a local lead agency (LLA) includes the role of LLAs to provide the community with a space, expertise, and resources to come together and support the community’s problem-solving efforts to prevent and reduce tobacco use; and, to obtain the involvement and participation of local community health education against tobacco usage including representatives of high-risk populations.</li> <li>A handout entitled, “<i>Table of Tobacco Control Policies in Ventura County</i>” was distributed to the group.</li> <li>The Ventura County Action on Smoking &amp; Health (VC Ash) has many benefits including: offering the latest information on tobacco and smoking; networking opportunities; and, training in areas such as leadership development, cultural competency, and, how tobacco use effects the entire community, especially youth.</li> <li>The next VC Ash Summit will be held on Tuesday, September 24, 2019, at the Ventura County Office of Education Conference and Educational Center located at 5100 Adolfo Rd., Conejo Room, Camarillo. For more information, e-mail Vicky Gonzales at: <a href="mailto:Vicky.Gonzales@ventura.org">Vicky.Gonzales@ventura.org</a></li> <li>Want to call it quits from smoking, chewing or vaping? Call 805.201.STOP (7867) or email: <a href="mailto:callitquits@ventura.org">callitquits@ventura.org</a> – brought to you by Ventura County Public Health’s Tobacco Education Program and the American Lung Association.</li> </ul>		
<b>IX.</b>	<p><b>Prevention Committee Member Comments</b></p> <p>N/A</p>		
<b>X.</b>	<p><b>Staff / Provider Updates</b></p> <p><b>A.)</b> Dan Hicks, Manager, VCBH ADP Prevention Services, mentioned the following items:</p> <ul style="list-style-type: none"> <li>Samples of the new Rx Safe Disposal magnets were distributed to the group, along with the VCBH ADP Prevention Services gate fold medicine cabinet brochure (English/Spanish) that lists facts about the Ventura County Opioid Crisis.</li> <li>Safe Disposal efforts encourage safe drug disposal from the general public to County employees and their families.</li> <li>In October 2019, there will be a lot of opioid messaging that includes radio, print ads, and more, which will be consistent with the ADP Prevention Services 5-year strategic plan.</li> <li>A Request for Proposals is now out for ADP Prevention Services providers. For more information, visit: <a href="https://ventura.bonfirehub.com/portal/?tab=openOpportunities">https://ventura.bonfirehub.com/portal/?tab=openOpportunities</a></li> </ul> <p><b>B.)</b> Clara Barron, VCBH MHSA/PEI gave updates that included:</p> <ul style="list-style-type: none"> <li>The Suicide Prevention Conference will take place on Friday, September 13, at Moorpark College at the Performing Arts Center beginning at 8:30 a.m. to 12:30 p.m.</li> <li>The keynote speaker will be Lisa Hemp with breakout sessions in English and Spanish that will include: Dr. Lynn Ryan, who will address the critical role of family</li> </ul>		

	<p>support for Suicide Prevention for LGBTQ youth; another session will be held on Latino Mental Health and Suicide Prevention; another session will be for military veterans to prevent suicide; and, another session will be held by Anthony Rodriguez from the National Association for Suicide Prevention.</p> <p><b>C.)</b> Maya Lazos, Vista del Mar Hospital, mentioned that:</p> <ul style="list-style-type: none"> <li>• Their adolescent unit is now 17 beds.</li> <li>• They are working to expand their PHP to extend that to adolescents.</li> </ul> <p><b>D.)</b> Diana Hernandez, The Client Network, announced that they usually meet on the 2<sup>nd</sup> Friday of every month in the downstairs VCBH Training Room, but, they have a conflict for the next meeting in September, so it has been moved to the 3<sup>rd</sup> Friday during September 2019. Open to the Public – Friday, Sept 20<sup>th</sup> from 10 a.m. to 12 p.m. at 1911 Williams Dr., Oxnard.</p> <p><b>E.)</b> Mark Stadler, Crisis Intervention Team (CIT), announced that:</p> <ul style="list-style-type: none"> <li>• CIT will begin a training next week - a request by Ventura County jail personnel. This will be a 4-hour class about trauma-informed criminal justice systems.</li> <li>• Ventura County CIT is going to attend the upcoming CIT International event.</li> <li>• This is the 14<sup>th</sup> year in a row that Ventura CIT has been selected to attend.</li> <li>• The August 2019 Conference will be held in Seattle.</li> </ul> <p><b>F.)</b> Javier Bautista, Pacific Clinics TAY Tunnel, mentioned that:</p> <ul style="list-style-type: none"> <li>• TAY Tunnel staff are excited that Law Enforcement has received a grant for their new facility at the Todd Road Jail. Pacific Clinics is going to be partnering services with them.</li> </ul> <p><b>G.)</b> Vanessa Alva, Youth Development Specialist, BRITE (formerly Straight Up) distributed a sample smokeless \$12 vaping device for the group to look at.</p>		
<b>XI.</b>	<p><b>New Business</b></p> <ul style="list-style-type: none"> <li>• Group discussion was held concerning Time Certain Presentations for upcoming BHAB Prevention Committee meetings.</li> </ul>		
<b>XII.</b>	<p><b>Adjourn</b> Meeting was adjourned at 4:35 p.m.</p>		