

BEHAVIORAL HEALTH ADVISORY BOARD
Prevention Committee Meeting
Tuesday, November 12, 2019, 3:15 – 4:30 p.m.

Ventura County Behavioral Health (VCBH)
1911 Williams Drive, Lake Tahoe Room (second floor) • Oxnard, CA 93036

AGENDA

- I. Call to Order
- II. Approval of the Agenda – ACTION
- III. Approval of the October 8, 2019 Minutes - ACTION
- IV. Welcome and Introductions
- V. Chair Announcements
- VI. Public Comments – 3 minutes per speaker
- VII. Ventura County Behavioral Health (VCBH) Staff Updates
 - A. Dan Hicks, Alcohol & Drug Programs (ADP) Prevention Services Manager
 - B. Kiran Sahota, Mental Health Services Act (MHSA) Manager – MHSA Three-Year Plan Information
 - C. Vicky Gonzales, Public Health
 - D. Other Staff Update
- VIII. Prevention Committee Member Comments
- IX. Time Certain Presentation 3:45 p.m. – Top Five Things You Need to Know About Teens and Vaping – Dan Hicks, ADP Prevention Manager
- X. Old Business
 - A. Prevention Committee Objective – Wording discussion - ACTION
 - B. Fiscal Year 2018-19 Annual Report - ACTION
- XI. New Business
 - A. Flavored Tobacco – Discussion
 - B. Tobacco Retail Licenses – Discussion
 - C. Moratorium on Opening of Tobacco/Vape Shops - Discussion
- XII. Items for the Next Meeting Agenda
- XIII. Adjourn

Next Meeting: Tuesday, January 14, 2020, 3:15 – 4:30 p.m.

Members of the public making oral presentations to the Board in connection with one or more agenda or non-agenda items at a single meeting are limited to a cumulative total time not to exceed (5) minutes for all of their oral presentations at such meeting unless otherwise provided. The entire public comment period is limited to no more than (20) minutes total for all speakers. NOTE: The Chair may limit the number or duration of speakers on a matter. In compliance with the Americans With Disabilities Act, if you need special assistance to participate in this meeting, please contact: Behavioral Health Administration, at (805) 981-6830. Reasonable advance notification of the need for accommodation prior to the meeting (48 hours advance notice is preferable) will enable us to make reasonable arrangements to ensure accessibility to this meeting.

JUNTA ASESORA DE SALUD DEL COMPORTAMIENTO
Reunión del comité de prevención
Martes , 12 de noviembre de 2019 , 3:15 - 4:30 pm
Salud conductual del condado de Ventura (VCBH)
1911 Williams Drive, Lake Tahoe Room (segundo piso) • Oxnard, CA 93036

AGENDA

- I. Llama para ordenar
- II. Aprobación de la Agenda - ACCIÓN
- III. Aprobación del Acta del 8 de octubre de 2019 - ACCIÓN
- IV. Bienvenida y Presentaciones
- V. Anuncios de la presidencia
- VI. Comentarios públicos: 3 minutos por orador
- VII. Actualizaciones del personal de Ventura County Behavior al Health (VCBH)
 - A. Dan Hicks, Gerente de Servicios de Prevención de Programas de Alcohol y Drogas (ADP)
 - B. Kiran Sahota, Gerente de la Ley de Servicios de Salud Mental (MHSA) - Información del plan trienal de la MHSA
 - C. Vicky Gonzales, Salud Pública
 - D. Otra actualización del personal
- VIII. Comentarios de los miembros del Comité de Prevención
- IX. Hora Cierta Presentación 3:45 pm - Las cinco cosas más importantes que debes saber sobre los adolescentes y el vapeo -
Dan Hicks, gerente de prevención de ADP
- X. Viejo negocio
 - A. Objetivo del Comité de Prevención - Discusión de la redacción - ACCIÓN
 - B. Informe anual del año fiscal 2018-19 - ACCIÓN
- XI. Nuevo negocio
 - A. Tabaco con sabor - Discusión
 - B. Licencias de venta de tabaco - Discusión
 - C. Moratoria sobre la apertura de tiendas de tabaco / vaporizadores - Discusión
- XII. Artículos para la agenda de la próxima reunión
- XIII. Aplazar

Próxima reunión : Martes , 14 de enero de , 2020 , 3:15-16:30

Los miembros del público que realizan presentaciones orales ante la Junta en relación con uno o más puntos del orden del día o no incluidos en el orden del día en una sola reunión están limitados a un tiempo total acumulado que no exceda (5) minutos para todas sus presentaciones orales en dicha reunión a menos que de lo contrario proporcionado. El período completo de comentarios públicos está limitado a no más de (20) minutos en total para todos los oradores. NOTA: El Presidente puede limitar el número o la duración de los oradores en un asunto. En cumplimiento con la Ley de Estadounidenses con Discapacidades, si necesita asistencia especial para participar en esta reunión, comuníquese con: Behavioral Health Administration, al (805) 981-6830 . La notificación anticipada razonable de la necesidad de acomodación antes de la reunión (es preferible un aviso con 48 horas de anticipación) nos permitirá hacer arreglos razonables para garantizar la accesibilidad a esta reunión.

**BEHAVIORAL HEALTH ADVISORY BOARD
PREVENTION COMMITTEE
2018-2019 Annual Report**
Submitted by Janis Gardner, Chair

Prevention Committee members

Janis Gardner, Committee Chair
Captain James Fryhoff, BHAB Member
Claudia Armann, BHAB Member
Ezequiel A. Sanchez, BHAB Member
Gane Brooking, BHAB Member
Marlen Torres, BHAB Member
Mary Haffner, BHAB Member
Patricia Mowlavi, BHAB Member

Diana Hernandez, The Client Network
Gabe Teran, Ventura County Office of Education
Katherine Kasmir, Straight Up
Lori Litel, United Parents
Natalie Gabrie, Aegis
Rachel McDuffee, Aegis
Stephanie Flournoy, Interface Children & Family Services
Vanessa Alva, Straight Up
Yaakov Cahnman, Saving Lives Camarillo

Participants

Aurora Vista Del Mar Hospital
Casa Pacifica
Community Coalition United
Conejo Valley Unified School District
MICOP
Vista Del Mar Hospital

Pacific Clinics TAY Tunnel
Ventura County Behavioral Health
Ventura County Probation
Ventura County Public Health
Ventura County Sheriff's Office, Crisis Intervention Team (C.I.T.)

MISSION

To promote measures that prevent mental illness and/or substance use issues from becoming destabilizing components in the lives of Ventura County residents. Our aim is to collaborate and help support education, prevention and early intervention efforts with particular emphasis on community health, engagement and the interaction of mental health and substance use challenges.

2018-19 OBJECTIVES OF THE BHAB PREVENTION COMMITTEE

- 1) Support and collaborate with VCBH and the BHAB in helping to prevent the onset of substance use and mental illness amongst multi-generational populations.
- 2) To promote vaping and cannabis education and awareness.

INTRODUCTION

Participating members in the Prevention Committee include individuals who have an interest in helping to mitigate mental illness and substance use challenges for adults, transitional aged youth and children who reside in Ventura County. Its membership and partners include persons from various entities around Ventura County, including, but not limited to, persons from multiple county agencies, stakeholders, contract providers, VCBH staff, health care professionals, law enforcement and consumers.

Chaired by an appointed BHAB member and reporting directly to the BHAB, this committee shall advocate for greater community awareness of behavioral health risks for individuals with mental illness, a dual diagnosis, or substance use disorder and shall:

- (1) Monitor and advise VCBH regarding its efforts to prevent the onset and exacerbation of behavioral health disorders.
- (2). Comply with the requirements of the Brown Act.

ACHIEVEMENTS

- 1) This past year, the BHAB Prevention Committee has added numerous new stakeholders, a Sheriff's Captain, community participants and providers from various entities throughout Ventura County. These new members have proved to be valued members of the committee.
- 2) The Ventura County BHAB Prevention Committee has supported, collaborated and advocated for information on topics within the scope of Cannabis Education and Awareness for Youth, MHSA, Mental Health Prevention, Early Intervention, and Alcohol and Drug Substance Abuse concerns.
- 3) The BHAB Prevention Committee, stakeholders and staff attendees have shared information on prevention efforts within Ventura County concerning Mental Illness, Opioid use, E-Cigarette usage, Youth Cannabis usage, Suicide prevention and Vaping .
- 4) BHAB Prevention Committee members' attendance at various events have included Cannabis Prevention Awareness presentations, Opioid and Marijuana conferences, Suicide Prevention Conferences and meetings and MHSA Stakeholders Committees and conferences.
- 5) Prevention committee members have attended local NAMI events (National Alliance for Mental Illness); events related to the LGBTQ population; events with Rainbow Umbrella; ADP Prevention Services contractor meetings, and Straight Up's local "Reality Parties for Parents," (both in English & Spanish), and have participated in CAUSE events and meetings.
- 6) The BHAB Prevention Chairperson attended the National Rx and Heroin Convention in Atlanta, Georgia, the Statewide Substance Abuse conference, the Suicide Prevention Conference and numerous other meetings, conferences and summits throughout the year.
- 7) The BHAB Prevention Committee has advocated for cannabis awareness and education for youth, Transitional Aged Youth, and for cannabis awareness programs within VCBH and in collaboration with other stakeholders.
- 8) The BHAB Prevention Committee has advocated for prevention efforts in the Latino community and for others in disadvantaged populations.
- 9) BHAB Prevention Committee members have pooled resources with members of the Rx Opioid and Heroin Workgroup concerning the workgroup's outreach efforts on the Opioid crisis, Fentanyl and E-Cigarette youth usage.
- 10) The BHAB Prevention Committee has supported efforts for MHSA 's regional Needs Assessment, that gathered information from VC Public Health, VC Behavioral Health, the community, stakeholders and VC School Districts.
- 11) BHAB Prevention Committee members attended the NAMI Walk and several NAMI conferences. The BHAB Prevention Committee advocated for efforts for the LGBTQ+ population and attended events and LGBTQ+ local conferences.
- 12) The VC BHAB Prevention Committee advocated for prevention efforts surrounding the Human Trafficking problem in Ventura County.

13) The BHAB Prevention Committee members, stakeholders and providers advocated for and supported the “No O.D.” program, DUI –Impaired Driving efforts, Drug Disposal efforts, The Ventura County Office of Education Youth Prevention efforts, Latino Outreach efforts, MHSA-PE & I Mental Health efforts and Law Enforcement’s prevention efforts throughout the county.

2018-19 PRESENTATIONS

The BHAB Prevention Committee Presentations are carefully selected. ADP Prevention Services and MHSA/Mental Health Prevention and Early Intervention topics and those of related partners are given the opportunity to give a monthly presentation. These presentations allow the BHAB Prevention Committee to learn about and oftentimes collaborate, concerning current research, educational opportunities and trends within the Ventura County community. The BHAB Prevention Committee meeting attendees share community campaign projects and resources with each other. They, in turn, bring relevant information to their staff, clients and various agencies who can further disseminate this information throughout Ventura County and the Community- At- Large.

August 2018: “Opioid & Cannabis Efforts Update,” presented by Dan Hicks, Manager, Ventura County Behavioral Health ADP Prevention Services

September 2018: “VCOE: Suicide Prevention Efforts,” presented by Hunter Poulson, Ventura County Office of Education

October 2018: “Environmental Prevention through Youth Engagement,” presented by Katherine Kasmir, Executive Director, Straight Up

November 2018: “Pacific Clinics TAY Tunnel 2018” presented by Jennifer Goble, Program Director, and, Anthony Marron, Recovery Specialist, Pacific Clinics TAY Tunnel

January 2019: “Juvenile Probation Services,” presented by Crystal Davis, Division Manager, Ventura County Probation Services

February 2019: “The Great Vape Escape,” presented by Dan Hicks, Manager, Ventura County Behavioral Health, Alcohol & Drug Programs, Prevention Services

March 2019: “Integrated Prevention: Cannabis Dispensaries and City Policies,” presented by Captain James Fryhoff, Ventura County Sheriff’s Office & Chief of Police for the City of Ojai

April 2019: “Latest Trends from the California Healthy Kids Survey,” presented by Dr. Heidi Christensen, Ventura County Office of Education

May 2019: “Highlights from the Rx Summit in Atlanta,” presented by Dan Hicks, Manager, and David Tovar, Office of Traffic Safety Grant Coordinator, Ventura County Behavioral Health, Alcohol & Drug Programs Prevention Services

June 2019: Student Video Presentations presented by Gabe Teran, Operations Specialist for Youth Development, Friday Night Live, and, Katherine Kasmir, Executive Director, Reality Improv Connection, Inc. dba “Straight Up,” which included: “Choose Your Own Path,” by Middle School students from Juan Lagunas Soria School; “Stickman’s Beer,” created by students from Oxnard Middle College High School (OMCHS); “Incarcerated,” by a student from Providence High School; “Teen Depression,” by a student, Caroline M., from Vista Real High School; “Pretty Brown Eyes,; by Pacifica High School students; and, “Just one Puff?” by Hillside Middle School students.

CHALLENGES

The Prevention Committee acknowledges the following Challenges within Ventura County as related to community needs within the scope of Alcohol & Drug related Prevention Services and MHSA's Mental Health Prevention and Early Intervention. Challenges are as follow:

- Concerns about increased access to highly potent opiates such as Fentanyl within Ventura County.
- Piecing together funding from various sources to purchase Naloxone for the VCBH ADP Prevention Services Overdose Prevention Project.
- There needs to be an increase in access to prevention services that serve indicated, higher risk populations.
- The impact of broader availability and normalization of cannabis for youth and young adults.
- Implementation of ordinances and guidelines regarding cannabis sales.
- Ordinances and guidelines regarding youth vaping and vape products.
- Suicide Prevention outreach for older adults, men and youth.
- Address emerging issues related to the cultivation of Hemp in Ventura County
- Odor mitigation regarding Hemp fields which may trigger cannabis cravings or use for Tay and other Ventura County residents due to environmental challenges.

RECOMMENDATIONS

- Advocate and support mental health and substance use prevention and early intervention programs, including those in collaboration with providers and contractors.
- Help educate and inform the Board of Supervisors, VCBH staff, other agencies, and the public, on the negative impacts of alcohol and drug abuse.
- Advocate for policy prevention efforts around vaping products for youth and older adults.
- Advocate and support outreach efforts concerning cannabis and the potential harmful effects on youth's still developing teen brains with consistent cannabis usage.
- Increase the number of Prevention Committee members including persons in the community, stakeholders, providers and contractors.
- Search for gaps and needs in services in both mental health and substance use where no prevention methods or programs currently exist.
- Advocate for prevention efforts concerning suicide prevention and mental health challenges.
- Promote education for raising awareness of the negative impacts of Fentanyl and opioid usage.
- Develop a troupe of spokespersons to engage older adults
- Increase services and businesses at Hillmont, St. Johns, and other private hospitals and entities to adopt public and private Mental Health In-Patient and Crisis Stabilization services at these sites.

2019-20 OBJECTIVES OF THE BHAB PREVENTION COMMITTEE

1. Support and collaborate with VCBH and the BHAB in helping to prevent the onset of substance use and mental illness amongst multi-generational populations.
2. Promote vaping and cannabis education and awareness, and advocate for banning flavored vaping products.