

**VENTURA COUNTY BEHAVIORAL HEALTH ADVISORY BOARD
 BHAB PREVENTION COMMITTEE
 1911 WILLIAMS DRIVE, VCBH TRAINING ROOM, OXNARD, CA**

MINUTES □ October 9, 2017

<p>Present</p> <p>Janis Gardner, Chair BHAB Prevention Committee, BHAB Member Jerry Harris, Chair BHAB Claudia Armann, BHAB Member Sandra Wolfe, BHAB Member David Deutsch, NAMI Ventura Gabe Teran, Ventura County Office of Education (VCOE) Joelle Vessels, Interface Children’s Family Services June Ewart, Community Coalition United Katherine Kasmir, Straight Up Ventura County Kelli Daher, Pacific Clinics TAY Tunnel Kim O’Neil, Project SAFER Kristin Tignac, City of Simi Valley Mark Stadler, CIT – Crisis Intervention Team Natalie Gabric, Aegis Treatment Centers Sara Cook, Vista del Mar</p>	<p>VCBH Staff Present</p> <p>Dan Hicks, Alcohol & Drug Programs, Prevention Services David Tovar, Alcohol & Drug Programs, Prevention Services Cari Kawell, Alcohol & Drug Programs, Prevention Services Esperanza Ortega, MHSA / PEI</p> <p>NEXT MEETING: Monday, November 13, 2017, 3:15 – 4:30 p.m.</p> <p>Ventura County Behavioral Health 1911 Williams Drive, Lake Tahoe Conference Room (2nd floor), Oxnard, CA</p>
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Note: The committee has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
I.	Call to Order The meeting was called to order at 3:17 PM by Chairperson, Janis Gardner.		
II.	Approval of the Agenda (Action) Agenda for October 9, 2017 was approved as written.	Approved as written M/S/C	Motion: Claudia Armann 2 nd : Sandra Wolfe
III.	Approval of the Minutes (Action) Minutes for September 11, 2017 were approved.	Approved as written M/S/C	Motion: Claudia Armann 2 nd : Sandra Wolfe
IV.	Welcome and Introductions The Chair welcomed all. Self-introductions were made around the table.		
V.	Chair Announcements Janis Gardner, Chair, BHAB Prevention Committee announced multiple items that included: <ul style="list-style-type: none"> • The “<i>Integrating Substance Use, Mental Health and Primary Care Services Summit</i>” is taking place at the Hilton Universal City Hotel on October 25 & 26. • There are now 16 people which have been screened and given Vivitrol. It is \$1200 per injection and is seen to be a good return on the investment due to the low relapse and recidivism rates. More information at: www.venturacountylimits.org • The CVS Pharmacy chain announced that beginning Feb 1st they will limit opioid prescriptions to seven days for certain conditions. This restriction will apply to patients who are new to pain therapy. • The Help and Hope 2nd Annual Suicide Prevention Conference was extremely successful. It garnered great press coverage and ended up on the front page of the <i>Ventura County Star</i>. • TAY Tunnel had a very successful 10 Year Open House at Pacific Clinics on September 29, 2017. 		
VI.	Public Comments N/A		
VII.	Prevention Committee Member Comments N/A		
VIII.	Jerry Harris, Chair, Ventura County Behavioral Health Advisory Board, “General BHAB Committees Integration” Chair Harris discussed that there has been no consistent formalized communication between the BHAB and the BHAB Committees: Adult, Youth, Prevention and TAY. Moving forward, each Committee shall establish their own set of Objectives which they will be responsible for achieving. These Objectives will be submitted to the Behavioral Health Advisory Board. The BHAB will extrapolate Objectives from all of the Committees combined		

	<p>and determine what the Objectives of the BHAB should be.</p> <p>Also discussed were Action Plans that can be used to track Committee Objective efforts. This will assist in more formalized communication within the BHAB and its Committees.</p>		
IX.	<p>Time Certain Presentation: Kim O'Neil, Executive Director, Project SAFER presented "Overdose Prevention: Naloxone Rescue in the Community," an overview of the combined efforts of ADP Prevention Services and Project SAFER.</p> <p>Deaths from drug overdoses are now the leading cause of injury death in the United States, surpassing motor vehicle accidents by 50%. Opioids – prescription and illicit – are the main driver of drug overdose deaths. Opioids were involved in 33,091 deaths in 2015, and, opioid overdoses have quadrupled since 1999.</p> <p>In Ventura County 9% of 9th graders and 14% of 11th graders say they have misused Rx painkillers. 3% of 9th graders and 4% of 11th graders say they have used heroin. Twice as many teens said they used heroin 4+ times in 2010 than in 2006. Stat source: California Healthy Kids Survey (2015-16).</p> <p>Opioid Overdoses result in the respiratory system slowing down to the point of not breathing. With training to recognize the signs of opioid overdose, and training to administer Naloxone, lives can be saved. Naloxone Hydrochloride (brand name Narcan), an FDA-approved medicine, is a short-acting competitive mu opioid-receptor antagonist. .</p> <p>The Overdose Prevention and Rescue program makes use of a Standing Order written by Ventura County's Medical Director, Dr. Brian Taylor. This allows distribution of naloxone without an identified patient.</p> <p>Staff at Ventura County ADP, Public Health, Mental Health, Western Pacific and Aegis treatment centers have received training to distribute kits countywide. To date, approximately 268 individuals have been trained. There are (24) sites distributing kits, and educating recipients. Additionally, NO OD information cards are provided to all individuals upon release from VC Jail.</p> <p>A Summary of Findings was shared with the group as follows:</p> <ul style="list-style-type: none"> • 1394 Naloxone Kits were distributed Countywide and the refill forms indicate that 164 lives were saved. • 63% reported staying at the scene • 38% reported placing the individual in the Recovery Position • 29% performed rescue breathing • 22% called 911 <p>For more information about getting a free Overdose Rescue Kit call (805) 667-NO-OD. Naloxone can reverse ODs caused by opioid drugs (heroin, prescription pain meds or methadone).</p>		
X.	<p>Staff / Provider Updates</p> <p>A.) Dan Hicks, Manager, VCBH ADP Prevention Services gave multiple updates including an announcement that the CA Department of Healthcare Services (DHCS) is updating its online reporting software system – a web-based portal where Prevention Staff and contracted Providers enter their work efforts.</p> <p>During October & November 2017, there will be intense efforts by VCBH ADP Prevention Services to enter the new Strategic Prevention Plan initiatives and objectives into the new web-based DHCS software system – PPSDS - Primary Prevention Substance Use Disorder Data System.</p> <p>Prevention Staff and Providers are currently being trained on this new system. Every CA County is now moving into this new web system.</p> <p>B.) David Tovar, Office of Traffic Safety Grant Coordinator, VCBH ADP Prevention Services announced that OTS just granted VCBH \$258 K for FFY 2017-18 to continue its Impaired Driving Prevention Programs. The new focus for the Media Campaign and Outreach efforts is focused on young women in a college age range.</p> <p>Recent POLD data shows (the Place of Last Drink Survey is gathered by VCBH DUI Staff at the completion of a clients' program) 75% of the women in the ADP DUI programs are in college or have graduated from college compared to almost 50% of men who have only completed at most a high school degree. Women (20 to 30% of the VCBH ADP/DUI program population) are the only demographic group who have increased DUIs in the last 30 years. All other demographic groups have decreased DUIs.</p>		

	<p>This new OTS grant focus will provide more education and safe alternatives to this group of women who are using impairing substances and driving. VCBH ADP Prevention Services will join efforts with its Providers and local colleges and universities to assist with the implementation of these targeted efforts.</p> <p>C.) Esperanza Ortega, Community Service Coordinator, MHSA reported that the recent Suicide Prevention Conference held at Oxnard College was very successful with approximately 250 people in attendance – the majority of participants were from the local community and were not Ventura County employees.</p> <p>MHSA continues to evaluate data and expenditures for each of their Contractors. The MHSA Annual Report will be open to the Public for viewing online on Monday, October 16th after the BHAB General Meeting.</p> <p>Last week, MHSA held the LGBTQ Pride RISE training here at VCBH. Participants included VCBH Staff, Rainbow Umbrella and MICOP staff.</p> <p>D.) David Deutsch, Director, NAMI Ventura announced two upcoming events: on Tuesday, October 10th, the regular NAMI Ventura meeting will be held at 1320 Flynn Road at Vineyard Community Church, Camarillo.</p> <p>NAMI Ventura County’s 2nd Evening at the Theater fundraising gala will be held on Saturday, October 21st at 6 pm at the Newbury Park High School Performing Arts Center at 456 Reino Rd., Newbury Park. This event benefits the National Alliance on Mental Illness - Ventura County. For more information and to purchase tickets, visit: www.showtix4u.com</p> <p>E.) Katherine Kasmir, Executive Director, Straight Up, in collaboration with community partners will host a “Reality Party for Parents” exposing today’s teen party culture. Reality Parties are open to the public (adults only) and are FREE. Participants will tour a home set up to portray a teen party with youth actors voicing concerns expressed by local teens and young adults. Parents can open a dialogue with each other to communicate about what’s going on.</p> <p>This event will be held on Saturday, October 21, 2017 from 2 to 6:30 pm (Reservation required) – at a home in Thousand Oaks (Address given when you register for a tour). One-hour tours start every half hour. Register Online: www.straightupvc.org/register and for more info: info@StraightUpVC.org – 805.647.4622</p> <p>F.) Gabe Teran, Project Specialist, Friday Night Live Program, Ventura County Office of Education, shared multiple VCOE health program updates that included mention of the recent CA State FNL Youth Leadership Summit event in Anaheim. There were about 700 total youth in attendance – 16 youth from Ventura County – 4 adult advisors from 5 different schools across Ventura County. They learned about leadership planning, organization and doing specific project work and came back motivated to do this work at their school sites.</p> <p>Sept 23rd, VCOE did an Alcohol, Tobacco and Other Drug presentation at the “Strengthening Families” event in the Oxnard School District which included a resource table and a workshop.</p> <p>Good news for Suicide Awareness SafeTALK – since July 1, 2017 they have trained 92 participants. There will be 2 SafeTALK trainings during October in Oxnard (10/10 and 10/27). If interested in attending, please contact Kris Trotsky in Comprehensive Health and Prevention Programs at VCOE at: ktrotsky@vcoe.org</p>		
XI.	<p>New Business</p> <p>Janis Gardner, Chair, BHAB Prevention Committee Chair asked the group for suggestions for a Time Certain presenter with a focus on Mental Health for the upcoming November 13, 2017 BHAB Prevention Committee Meeting. Please email Chair Gardner with ideas: janis@panacea-ent.com</p> <p>Chair Gardner also asked the group if they wanted to go “dark” in December for the December BHAB Prevention Committee Meeting. The group will be asked again for their decision at the Nov 13th BHAB PC Mtg.</p>		
XIII.	<p>Adjourn</p> <p>Meeting was adjourned at 4:29 PM.</p>		