

**VENTURA COUNTY BEHAVIORAL HEALTH ADVISORY BOARD  
 BHAB PREVENTION COMMITTEE  
 1911 WILLIAMS DRIVE, STE. 210, LAKE TAHOE CONFERENCE ROOM, OXNARD, CA**

**MINUTES □ May 8, 2018**

<p><b>Present</b>          Janis Gardner, Chair BHAB Prevention Committee, BHAB Member          Claudia Armann, BHAB Member          David Deutsch, NAMI Ventura          Gabe Teran, Ventura County Office of Education/Friday Night Live          Javier Bautista, TAY Tunnel          Joe Kyle, Joe Grow Consulting          Josh Tirado, VIPS          Katherine Kasmir, Reality Improv, Straight Up          Lori Litel, United Parents          Theresa Plante, Casa Pacifica          Mark Stadler, VCSO – CIT – Crisis Intervention Team          Stephanie Flournoy, Interface Children &amp; Family Services</p>	<p><b>VCBH Staff Present</b>          Kathy Mulford, VCBH/DUI          Kiran Sahota, VCBH/MHSA          Dan Hicks, VCBH/ADP Prevention          David Tovar, VCBH/ADP Prevention          Edith Pham, VCBH/BHAB</p> <p><b>NEXT MEETING:</b>  <b>Tuesday, June 12, 2018, 3:15 – 4:30 p.m.</b></p> <p>Ventura County Behavioral Health          1911 Williams Drive, <b>Lake Tahoe Conference Room</b>          (2<sup>nd</sup> floor), Oxnard, CA 93036</p>
<p>Note: The committee has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.</p>	

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
<b>I.</b>	<b>Call to Order</b> The meeting was called to order at 3:18 PM by Chairperson, Janis Gardner.		
<b>II.</b>	<b>Approval of the Agenda (Action)</b> Agenda for May 8, 2018 was approved as written.	<b>Approved as amended</b>  <b>M/S/C</b>	<b>Motion:</b> <b>Katherine Kasmir</b> <b>2<sup>nd</sup>: Lori Litel</b>
<b>III.</b>	<b>Approval of the Minutes (Action)</b> Minutes for April 10, 2018 were approved as written.	<b>Approved as written</b>  <b>M/S/C</b>	<b>Motion:</b> <b>Katherine Kasmir</b> <b>2<sup>nd</sup>: Lori Litel</b>
<b>IV.</b>	<b>Welcome and Introductions</b> The Chair welcomed all. Self-introductions were made around the table.		
<b>V.</b>	<b>Chair Announcements</b> N/A		
<b>VI.</b>	<b>Public Comments</b> N/A		
<b>VII.</b>	<p><b>Staff / Provider Updates</b></p> <p><b>A.)</b> Dan Hicks, Manager, VCBH ADP Prevention Services provided several updates including:</p> <ul style="list-style-type: none"> <li>Multiple handouts were distributed to the group such as the “Overdose Project Snapshots”; 2 front page articles from recent editions of the <i>Ventura County Star</i> – “Local Opioid Deaths Leap, Mirroring National Trend,” and, “Opioids Aren’t the Only Pill Problem”; and a map called, “Ventura County Commercial Cannabis Policy Snapshot – As of March 2018.”</li> <li>On Thursday, May 3, 2018, Mr. Hicks and David Tovar, from VCBH ADP Prevention Services, joined other agencies at the event at the Ronald Reagan Presidential Library in Simi Valley. The Simi Valley Police Department partnered with the Federal Bureau of Investigation and the Drug Enforcement Administration to host this evening program..</li> </ul> <p>The event was entitled, <i>Prescription Drug Addiction: A National Epidemic...It Can Happen To Anyone</i>, and featured a six-member panel discussion including Simi Valley Police Chief, David Livingstone, who discussed the opioid and prescription drug epidemic and how it is impacting Simi Valley. A representative from the Drug Enforcement Administration discussed how opioid and prescription drug addiction has become a nationwide crisis.</p> <ul style="list-style-type: none"> <li>Mr. Hicks informed the group that there is a VC Health Care Agency collaboration</li> </ul>		

that includes VC Behavioral Health and VC Public Health that is part of the overall approach to reducing health disparities and promoting health equity. Part 1 of this series was held on Wed., May 2, at VCOE in Camarillo, and was called the *Healthy Communities: Promoting Wellness & Achieving Health and Mental Health Equity*.

- VC Behavioral Health has been tracking commercial cannabis activity across Ventura County by city and community in terms of what the regulations are – whether there is a local ordinance or a ban, what’s permitted and what’s not. Increased commercial cannabis is not only possible but probably inevitable, so it is important to learn and understand from other communities what lessons are out there in order to mitigate possible problems and second hand effects.

**B.)** David Tovar, OTS Grant Coordinator, VCBH ADP Prevention Services shared the following updates about the Impaired Driving efforts:

- A new PSA was recently released which will be shown during a future presentation to the BHAB Prevention Committee. The focus is impaired driving for young females.
- Efforts are being made with a number of local Ventura County agencies and groups to try and get things moving forward locally as well as at the State level with the State Impaired Driving Task Force and the CA Office of Traffic Safety DUID Blueprint.

**C.)** Kiran Sahota, Sr. Manager, VCBH/MHSA announced the following:

- MHSA is working on their Annual Report which closes on May 17<sup>th</sup>, but, will be heard at the BHAB General Meeting on Monday, May 21<sup>st</sup>. There is a lot more data now to disseminate which is on the Prevention side.
- During FY 2018-19, they are going to be looking more at the Treatment side which will include preventing relapse, and, preventing mental illness from becoming so severe and debilitating that we end up with our homeless population who cannot care for themselves.
- Currently, MHSA PEI is working on a Needs Assessment with Harder & Company. They are located in San Diego, Los Angeles and Alameda. Harder & Co. do Mental Health Needs Assessment throughout CA. Information has been gathered from VC Probation, the jails, ADP, VC Public Health, and VC School Districts to perform a secondary data evaluation. This will be taken to the Advisory Group to help formulate the next set of questions for the Community Input Group and for the Forums. The whole process will probably take until October 2018. Ideally, this is to determine how to best spend MHSA public funding based on community needs.
- MHSA is looking at community involvement. Right now, they have an Advisory Group, but, will soon branch out to have a more community focused group, as well as additional focus groups, to determine the gaps within the Ventura County Mental Health system across all age groups.
- MHSA has increased two contracts – a.) NAMI Ventura will now include Mental Health topics “Family and Friends,” and, “In Our Own Voice,” and, b.) VCOE will now include “Suicide Talk” – a 1 hour conversation that can be done in the School Districts. VCOE has a federally mandate that Suicide Prevention efforts must be implemented in all the School Districts and requires them to have a policy and a plan for Prevention, Intervention, and Postvention.
- MHSA is also reviewing their LGBT contract with the Diversity Collective who will be taking over Rainbow Umbrella. Ms. Sahota mentioned that if anyone is looking for LGBT training, please contact Rainbow Umbrella at 805.836.0099.
- The *3<sup>rd</sup> Annual Suicide Prevention Conference* will be held on September 19, 2018. MHSA will be partnering with Oxnard College for this event.

**D.)** David Deutsch, Executive Director, NAMI Ventura announced that NAMI Ventura and the Diversity Collective will be having a joint event on Friday, June 8, 2018 from 5:30 pm to 8 pm called “Prism of Thought”. It will examine the Mental Health challenges that are unique

	<p>to the LGBTQ community. The event will be held at the Diversity Collective in Ventura.</p> <p><b>E.) Katherine Kasmir, Executive Director, Straight Up, reported multiple updates that included:</b></p> <ul style="list-style-type: none"> <li>• A very successful Reality Party for Parents was held recently in Thousand Oaks.</li> <li>• Since it is the end of the school year, Straight Up is wrapping up youth video projects - one of which is on the hot topic of “vaping.” Ms. Kasmir offered to show the video to the BHAB Prevention Committee when time permits.</li> </ul>		
<b>VIII.</b>	<b>Prevention Committee Member Comments</b> N/A		
<b>IX.</b>	<p><b>Time Certain Presentation 3:45 pm:</b></p> <p>Joe Kyle, Owner, Joe Grow Consulting presented “Regulating Commercial Cannabis Businesses to Reduce Youth Access.” Mr. Kyle shared the following points and perspectives:</p> <ul style="list-style-type: none"> <li>• There is a regulated cannabis market and an illicit cannabis market. Youth can easily access cannabis products in the illicit market which does not check Identification.</li> <li>• Not allowing for safe local access strengthens the illicit market in the area.</li> <li>• Regulating commercial cannabis businesses allows for a tax base to help local law enforcement police the illicit market. Legal cannabis businesses can be regularly inspected to ensure no other illicit drugs are on the premises.</li> <li>• California has mandated childproof storage requirements. These include child resistant, re-sealable, along with tamper-evident packaging. Labels are required by state law to show net weight of product, list of all active cannabinoids, a warning if produced near known allergens, and more.</li> <li>• There is seed-to-sale tracking, which means that every cannabis product should be traceable back to the individual plant it was grown from. Each plant must have a unique identifier (UID) tag. If a produce fails state testing requirements, it can be remediated.</li> <li>• California wants the standard operating procedures (SOP’s) on file of how an entity plans to remediate a product if it fails testing. The SOP’s must first be approved by the state.</li> <li>• Port Hueneme dispensaries have educational material about the risks and potential harms of cannabis. It is up to what each dispensary owner/owners want to do. It is not standard operating procedure to supply patients and/or customers with educational material.</li> <li>• Medical dispensaries can cater to patients over age 18, with a valid doctor’s recommendation. Recreational dispensaries can only sell to people 21 or over.</li> <li>• A child under 18 cannot buy medicine from any dispensary. The parent must buy the material, acting as the caregiver for the child, for each and every transaction.</li> <li>• The question was posed, “What will happen when teens ask passers-by to buy them marijuana at a legal marijuana dispensary?” A video link was shown on this topic: <a href="http://abcnews.go.com/whatwouldyoudo/video/portland-teens-passers-buy-weed-40294760">http://abcnews.go.com/whatwouldyoudo/video/portland-teens-passers-buy-weed-40294760</a></li> </ul>		
<b>X.</b>	<p><b>Old Business</b></p> <p>Chair Gardner discussed the following items with the group:</p> <p><b>A.)</b> The Action Plan Objectives handout was distributed to the group. Several months ago, Action Plan Objective #1 was determined as “Collaboration.” Today’s group discussed and agreed upon Action Plan Objective #2 to be “<b>Identify Cannabis Education and Awareness Gaps.</b>” Claudia Armann, BHAB Member moved to adopt Objective #2 as written above. All in favor. Motion was approved.</p> <p><b>B.)</b> Future BHAB Prevention Committee Meeting Time Certain Presenters were discussed and the following was decided:</p> <ul style="list-style-type: none"> <li>• David Tovar, VCBH ADP Prevention Services confirmed as June Presenter</li> <li>• VCOE is dark in July. Move presentation to future month.</li> </ul>	<p><b>A.) Approved as decided.</b></p> <p><b>M/S/C</b></p>	<p><b>A.) Motion: Claudia Armann 2<sup>nd</sup>: All in favor. Motion approved.</b></p>
<b>XI.</b>	<b>New Business</b> N/A		
<b>XIII.</b>	<b>Adjourn</b> Meeting was adjourned at 4:40 PM.		