

**VENTURA COUNTY BEHAVIORAL HEALTH ADVISORY BOARD
 BHAB PREVENTION COMMITTEE
 1911 WILLIAMS DRIVE, STE. 210, LAKE TAHOE CONFERENCE ROOM, OXNARD, CA**

MINUTES □ March 13, 2018

<p>Present Janis Gardner, Chair BHAB Prevention Committee, BHAB Member Claudia Armann, BHAB Member Patricia Mowlavi, BHAB Member David Deutsch, NAMI Ventura Diana Hernandez, The Client Network Javier Bautista, Pacific Clinics' TAY Tunnel Katherine Kasmir, Reality Improv, Straight Up Lori Litel, United Parents Mark Stadler, Crisis Intervention Team (CIT) Robert Pacheco, Ventura Probation Theresa Plante, Casa Pacifica</p>	<p>VCBH Staff Present David Tovar, Alcohol & Drug Programs, Prevention Services Janet Kaplan, Alcohol & Drug Programs, Prevention Services Cari Kawell, Alcohol & Drug Programs, Prevention Services Clara Barron, VCBH/MHSA Esperanza Ortega, VCBH/MHSA</p> <p>NEXT MEETING: Tuesday, April 10, 2018, 3:15 – 4:30 p.m.</p> <p>Ventura County Behavioral Health 1911 Williams Drive, Lake Tahoe Conference Room (2nd floor), Oxnard, CA 93036</p>
<p>Note: The committee has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.</p>	

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
I.	Call to Order The meeting was called to order at 3:18 PM by Chairperson, Janis Gardner.		
II.	Approval of the Agenda (Action) Agenda for March 13, 2018 was approved as written.	Approved as amended M/S/C	Motion: Claudia Armann 2nd: Patricia Mowlavi
III.	Approval of the Minutes (Action) Minutes for February 13, 2018 were approved as written.	Approved as written M/S/C	Motion: Patricia Mowlavi 2nd: Lori Litel
IV.	Welcome and Introductions The Chair welcomed all. Self-introductions were made around the table.		
V.	Chair Announcements Janis Gardner, Chair, BHAB Prevention Committee announced the following: <ul style="list-style-type: none"> • A brochure from San Francisco State University entitled, “<i>Supportive Families Healthy Children - Best Practices for Suicide Prevention</i>” for the LGBTQ+ community was written by the Families Acceptance Project and was shared with the group. • The MICOP “Indigenous Knowledge Conference” is going to be held on April 20, 2018, from 8 am to 3 pm at Oxnard College. Registration at: www.mixteco.org • The “National Conference on Drug & Alcohol Addiction Disorders” will take place on April 19 – 22 at the Disneyland Hotel in Anaheim, CA. This event is organized by the Advancement of Behavioral Healthcare. Registration is \$450. More info at: https://vendome.swoogo.com/ncad-2018 • An NPR news announcement was shared that mentioned that the opiate crisis is surging in black urban communities, more than it ever has before. According to the CDC, more than 80% of Washington DC opiate deaths are African-Americans and the death rates amongst this community rose 44% this past year. • The NAMI walk fundraising event has been postponed to October 13, 2018, and will be held at the Ventura Beach Promenade in Ventura. For more information, please contact: Roberta Griego at roberta@namiventura.org – 805.889.7674 		
VI.	Public Comments Diana Hernandez, Assistant Administrator of The Client Network, gave thanks for Prevention efforts and mentioned she would like to attend future BHAB Prevention Committee meetings.		
VII.	Staff / Provider Updates A.) Janet Kaplan, Sr. Program Administrator, VCBH ADP Prevention Services shared the following updates: <ul style="list-style-type: none"> • The National Rx Drug Abuse & Heroin Summit is taking place in Atlanta, GA from April 2 – 5, 2018. • This year, two presentations were approved by the Summit: the “<i>Safe Alprazolam</i>” 		

Prescribing and Benzodiazepine Monitoring Program” will be presented by Dr. Brian Taylor and Dr. Celia Woods; and, *“The Intersection of Law Enforcement and Healthcare: Increased Utilization of California’s PDMP”* will be presented by Sergeant Vic Fazio from the Ventura County Sheriff’s Office and Dan Hicks, Manager, ADP Prevention Services from Ventura County Behavioral Health.

- A handout was distributed that describes presentation details. Both presentations and the Benzodiazepine video will be uploaded and available for viewing at <http://venturacountyresponds.org>
- Ventura County’s participation at the Rx Summit can be followed April 2 – 5 on Twitter (Use the hashtag #venturacountyresponds) at VCBH’s News & Updates Blog at: <http://venturacountyresponds.org/en/news-updates>
- Sign in on Twitter at: <https://twitter.com/VCLimits>
- As of February 2018, the following stats were reported for the NO OD Project: 1,828 overdose rescue kits were distributed countywide; there are 29 distribution/education sites; and, 257 lives were saved by the use of Naloxone. More information at: <http://venturacountyresponds.org/en/overdose-rescue-project>

- B.)** David Deutsch, NAMI Ventura, announced that the upcoming NAMI Ventura County Golf Tournament will be held on Friday, April 6, 2018 at the Victoria Lakes Golf Course at River Ridge in Oxnard. Please register for this event by Friday, March 23, at www.namiventura.org

The NAMI General Meeting will be held on Tuesday, March 13 at 7 pm at Vineyard Community Church located at 1320 Flynn Road in Camarillo.

On Tuesday, April 10th at the NAMI General Meeting, BHAB Chair, Jerry Harris, BHAB Prevention Committee Chair, Janis Gardner, and, 1st Vice Chair of the Ventura County BHAB, Ratan Bhavnani, will do a panel presentation that discusses the role of the Behavioral Health Advisory Board within Ventura County.

- C.)** Clara Barron, VCBH/MHSA provided several updates that included mention of two Innovations projects that are at the public comment stage – a) Prevention of Male Suicide (training bartenders in suicide prevention) and, b) PUSH Technology to prevent crisis and refer youth coming out of crisis - helping to move them to counselling and remind them of appointments.
More info at: <http://www.vchca.org/mental-health-services-act-prop-63>

MHSA is currently in process of obtaining a contract with a “needs assessment” company. The CA State MHSA regulations specify that VCBH MHSA must go out and do an assessment of what the local community needs. Then, based on that data, they will look at underserved populations.

Once the current community landscape is determined, MHSA will do a comparison between current efforts (based on 2009 data) and what needs to be accomplished next with the new data. Once the new focus is determined, it will be introduced into the community planning process. At that time, Stakeholders can give recommendations.

The process should take about 6 months and will include multiple focus groups and community outreach. A committee comprised of Ventura County Agencies will be formed to help determine new Focus Groups (stakeholders) who will work directly with the community to obtain feedback and participation.

On March 19, MHSA is hosting its Community Program Planning meeting. This is an evaluation workgroup of stakeholders who will evaluate cost effectiveness, performance, and how money is being spent and how Prevention Early Intervention is impacted.

The BHAB will be announcing the Annual MHSA update report which will be open to the public for comment.

- D.)** Mark Stadler, CIT Program, announced that a new CIT Academy will begin on Monday, March 19th with 50 participants registered to attend.
- E.)** Robert Pacheco, Ventura County Probation reported that on March 2, they participated in the “Read Across America Day - 2018.” 20 probation officers read to elementary school children which included a visit to Thurgood Marshall Elementary School.

On May 5, Ventura County Probation is holding a “Touch a Truck” event that includes the

	<p>Fire Department, and, the Police Department. In addition to trucks, there are other vehicles that children can explore.</p> <p>VC Probation currently has Parent Project Facilitator groups at 3 high schools in Ventura County: Pacifica High School, Channel Islands HS and at the Oxnard School District.</p> <p>F.) Katherine Kasmir, Executive Director, Straight Up, announced that in February, Straight Up had 32 workshops at Ventura County Schools. For FY 2017-18, there were 5468 workshop participants.</p> <p>Since January 2018, there were 1754 youth and young adults from the VC community who have done advocacy projects. Currently, 32 video PSAs were created by Ventura County youth which are being aired on CAPS TV.</p> <p>The next Straight Up “Reality Party for Parents” tours will be held on Saturday, April 14 from 2 – 6:30 pm in Thousand Oaks. These 1-hour tours are open to the public (adults only), and, are FREE. Participants can tour a home set-up to portray a teen party with youth actors voicing concerns expressed by local teens and young adults. Straight Up youth want parents to face current realities and to learn why and how we need adults to help change these dangerous social norms. Register online: www.straightupvc.org/register</p> <p>G.) Javier Bautista, Pacific Clinic’s TAY Tunnel discussed the SB906 bill that is about to be released. Mr. Bautista offered letter template to those who may wish to contact CA Senator Hannah-Beth Jackson, District 19, regarding the SB906 bill. Pacific Clinics has already sent a letter to Senator Jackson. Mr. Bautista, on behalf of Pacific Clinics asked for public support in contacting their State Assembly members to advocate in favor of this bill.</p> <p>The SB906 bill is about Peer Support Specialist Certification. This could be a relevant certification for those who work with Peer Support Advocacy and those who want to pursue a career path in social work who want to be certified by the State of California.</p>		
VIII.	Prevention Committee Member Comments N/A		
IX.	<p>Time Certain Presentation (moved from 3:45 to 3:30 pm)</p> <p>Janet Kaplan, Sr. Program Administrator, VCBH Prevention Services gave an overview of the new website VenturaCountyResponds.org – http://venturacountyresponds.org/en/. This new website was developed to share the collaborative work being done by the Rx Abuse & Heroin Workgroup.</p> <p>In 2012, in Ventura County, the Rx Abuse and Heroin Workgroup was created. The new VenturaCountyResponds.org website is a place to capture up-to-date information on the Prescription Drug Abuse initiative and our efforts to address the Opioid Crisis in Ventura County.</p> <p>Five sections of the website were explored: Safe Prescribing, Preventing Overdose, Getting Help, Youth & Family, and, Working Together.</p> <p>Ms. Kaplan invited the group to email her at janet.kaplan@ventura.org with comments and/or concerns, and/or, to have information considered for posting to this new site.</p>		
X.	<p>Old Business</p> <p>Chair Gardner discussed with the group the new quarterly County of Ventura BHAB Action Plan form, the process for documentation and submittal.</p>		
XI.	<p>New Business</p> <p>Chair Gardner announced that BHAB Site Visits would be taking place before the end of FY 2017-18. A list of County Contracted Prevention Providers was distributed for review. Prevention Providers from either ADP Prevention or VCBH MHSA are options for the required Site Visits.</p> <p>Chair Gardner invited the group to give suggestions for upcoming BHAB Prevention Committee Meeting Time Certain Presenters.</p>		
XIII.	<p>Adjourn</p> <p>Meeting was adjourned at 4:37 PM.</p>		