

**VENTURA COUNTY BEHAVIORAL HEALTH ADVISORY BOARD
 BHAB PREVENTION COMMITTEE
 1911 WILLIAMS DRIVE, STE. 210, LAKE TAHOE CONFERENCE ROOM, OXNARD, CA**

MINUTES □ April 10, 2018

<p>Present Janis Gardner, Chair BHAB Prevention Committee, BHAB Member Claudia Armann, BHAB Member Diana Hernandez, The Client Network Gabe Teran, Ventura County Office of Education/Friday Night Live Katherine Kasmir, Reality Improv, Straight Up Lori Litel, United Parents Stephanie Flournoy, Interface Children & Family Services</p>	<p>VCBH Staff Present Dr. Loretta Denering, VCBH/ADP Jonathan Eymann, VCBH/ADP, A New Start For Moms Richard LaPerriere, VCBH/ADP David Tovar, Alcohol & Drug Programs, Prevention Services Cari Kawell, Alcohol & Drug Programs, Prevention Services Greg Bergan, VCBH/MHSA</p> <p>NEXT MEETING: Tuesday, May 8, 2018, 3:15 – 4:30 p.m.</p> <p>Ventura County Behavioral Health 1911 Williams Drive, Lake Tahoe Conference Room (2nd floor), Oxnard, CA 93036</p>
<p>Note: The committee has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.</p>	

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
I.	Call to Order The meeting was called to order at 3:20 PM by Chairperson, Janis Gardner.		
II.	Approval of the Agenda (Action) Agenda for April 10, 2018 was approved as written.	Approved as amended M/S/C	Motion: Claudia Armann 2nd: Katherine Kasmir
III.	Approval of the Minutes (Action) Minutes for March 13, 2018 were approved as written.	Approved as written M/S/C	Motion: Lori Litel 2nd: Claudia Armann
IV.	Welcome and Introductions The Chair welcomed all. Self-introductions were made around the table.		
V.	Chair Announcements Janis Gardner, Chair, BHAB Prevention Committee announced the following: <ul style="list-style-type: none"> Last week, Chair Gardner along with a variety of VCBH Staff, attended the National Rx Drug Abuse and Heroin Summit in Atlanta, GA. Emphasized to participants of the Summit was the topic of Fentanyl. A dangerous transdermal opiate 80x stronger than other opiates on the market which is of great concern with respect to the nationwide opioid crisis. Additional cause for concern is that there will be a Naloxone shortage due to treating Fentanyl overdoses. 		
VI.	Public Comments Diana Hernandez, Administrative Assistant, The Client Network, shared their Mission Statement which is to foster a client-centered approach to Mental Health recovery as a culturally sensitive advocacy network. They support clients in becoming full partners in their unique treatment and recovery journeys and serve as client advocates promoting measures that counteract stigma and discrimination. The Client Network gathers monthly on the 2 nd Friday of every month in the VCBH Downstairs Training Room. For more information, please visit: www.vcclientnetwork.org or call: 805.981.4228.		
VII.	Staff / Provider Updates A.) David Tovar, OTS Grant Coordinator, VCBH ADP Prevention Services shared the following updates: <ul style="list-style-type: none"> www.mjfactcheck.org officially launched with Board of Supervisors action on Tuesday, April 10. Approval was given to begin sharing and distributing that website with other counties such as Los Angeles and Orange Counties who would like to collaborate on local versions of such a site. www.mjfactcheck.org uses CA Healthy Kids Survey information and other relevant global and local data on cannabis. 		

- Recently launched was www.venturacountyresponds.org which is the VCBH response to the Ventura County Opioid Crisis. Multiple resources are available and listed in the News & Information section of the website, such as the article, "Surgeon General Releases Advisory on Naloxone, an Opioid Overdose-Reversing Drug" which was distributed to the group.
- The new www.VenturaCountyResponds.org information card was also distributed to the group.
- The recent presentations given by VCBH and Partners at the National Rx Drug Abuse & Heroin Summit in Atlanta, GA will be posted on the new website www.venturacountyresponds.org. These will include both the presentation from VCBH Medical Director, Dr. Brian Taylor, and, Dr. Celia Woods, President, Sterling Care Psychiatric Group, on the Safe Benzodiazepine Prescribing Program; and, the presentation by Dan Hicks, Manager, VCBH ADP Prevention Services, and, VCSO Sergeant/Detective/Dr. Victor Fazio, Narcotics Task Force, which was on the intersection of Law Enforcement and Healthcare which included the value of Ventura County doctors using the CA Prescription Drug Monitoring Program - C.U.R.E.S. system.
- On Sunday, April 1, 2018, the collaborative Public Service Announcement (PSA) between VCBH and the CA Office of Traffic Safety was launched and is entitled "No Drive Five." This PSA is focused on impaired driving, the use of ride shares and the value of having a sober designated driver for group transportation. To view, visit: www.nodrivefive.com
- VCBH ADP Prevention Services is working in collaboration with the City of Port Hueneme and the Port Hueneme Police Department to develop educational brochures with Prevention information for their new cannabis dispensaries. The goal of these brochures is to make sure that consumers are informed about youth access, impaired driving and a number of other health and safety issues that may arise from having these dispensaries open to the public.

B.) Greg Bergan, VCBH/MHSA provided two updates as follows:

- MHSA is working on its annual update to their 3-year plan that will be submitted to CA State.
- MHSA is setting up meetings with its contractors to work on new FY 2018-19 provider contracts.

C.) Gabe Teran, Project Specialist, Ventura County Office of Education, Friday Night Live, mentioned several items which included:

- At the end of February 2018, VCOE's Comprehensive Health & Prevention Programs held its annual "Teen's Kick Ash – Youth Advocacy Conference". 240 High School students were in attendance per day for both event days. This event featured scientist Dr. Victor DeNoble, Ph.D., one of the original "whistleblowers" against the tobacco industry who discussed the science around how the brain changes with addiction to smoking, vaping and use of marijuana.
- On March 17, 2018, VCOE/FNL held the annual countywide "FNL Youth Leadership Conference" which is open to all students in grades 6th -12th. 160 participants were in attendance.
- VCOE is part of the Ventura County Rx Abuse & Heroin Taskforce that has a new initiative – a pilot opioid education campaign at two schools in Ventura County.
- On Monday, April 9, Gabe Teran and a co-worker presented a student education and outreach component of this new campaign – a 20-minute age-appropriate presentation about painkillers and opioids. These presentations were given to all the 10th graders in different classes at this school on one day. A post-test will be given out to the participants next week to see what knowledge they were able to obtain and if there was an increase their perceptions of harm.

D.) Katherine Kasmir, Executive Director, Straight Up, reported multiple updates that included:

- To date for FY 2017-18, Straight Up has held 395 Youth Workshops which is equates to just over 5800 youth participants in total.
- There has been approximately 400 youth that have moved beyond the workshops to do some sort of advocacy project with Straight Up during FY 17-18.
- Currently there are 43 youth made Prevention video PSAs that are airing on CAPS TV. To date, these PSAs have aired 7754 times.
- Straight Up works across all 5 of the VC ADP Prevention Strategic Prevention Plan initiatives.
- This Saturday, April 14th is a "Reality Party for Parents" in Thousand Oaks. It is

	<p>filled to maximum capacity with an additional Wait List.</p> <ul style="list-style-type: none"> At the request of Dan Hicks, Manager, VCBH ADP Prevention Services, Ms. Kasmir has been representing VCBH ADP Prevention as part of the Ventura Unified School District Mental Health Committee. Many different partners, schools, community agencies, parents participate. During the first few meetings they worked to create Board Policies around providing Mental Health Resources and defined the policy for Ventura USD. Now that this has been created and approved, they have been working to develop the guidelines and the “how to” implementation process for these policies. 		
VIII.	Prevention Committee Member Comments N/A		
IX.	<p>Time Certain Presentation 3:45 pm: Jonathan Eymann, BH Clinic Administrator, A New Start For Moms and Richard LaPerriere, BH Clinic Administrator, Oxnard ADP co-presented a PowerPoint Presentation entitled, “A New Start For Moms: Leveraging Recovery into Future Generations,” and, distributed to the group the VC ADP Women’s Service brochure.</p> <p>VCBH, Alcohol & Drug Programs, A New Start For Moms, is a unique integrated mental health program embedded in ADP. Only clients enrolled in ANSFM ADP are eligible for Mental Health Services through New Start which provides Detoxification services referrals; a Perinatal Program; Co-Occurring Disorders Treatment (COD); Intensive Outpatient Treatment (IOT); Early Recovery Treatment (IOT); Early Recovery Treatment (ER); Relapse Prevention (RP); and, Adolescent Treatment.</p> <p>ACBH ADP Outpatient Clinics are open for clinical services from 8:30 am to 8 p.m. Prospective clients are scheduled for an orientation to our services with a substance abuse counselor. Services begin with a comprehensive assessment using SAMHSA approved Best Proactive tools; ASAM Assessment; urinalysis; and, a psychosocial and alcohol/drug history. Individual sessions are determined by client needs.</p> <p>A New Start for Moms Curriculum includes: Living in Balance – Moving from a life of addiction to a life of recovery; effective parenting; Anger Management; and, Mindful Parenting to form secure attachments.</p> <p>For Fiscal Year 2016-17 ANSFM provided services to 135 women in the ODF and Perinatal programs. 52% of client successfully completed the programs. The National average is currently at 35%.</p> <p>The primary diagnoses in the current client population is: 61% present with methamphetamine/amphetamine dependence; 17% present with opioid dependence; 15% present with alcohol dependence; and, 7% present with cannabis dependence.</p> <p>VCBH ADP New Start For Moms is located at 1911 Williams Dr., Ste. 210, Oxnard. For more information, call: 805.981.9250 or visit: http://www.vchca.org/locations/companies/35</p>		
X.	<p>Old Business Chair Gardner discussed the following items with the group:</p> <ul style="list-style-type: none"> A.) Upcoming BHAB Prevention Committee Site Visits B.) Future BHAB Prevention Committee Meeting Time Certain Presenters 		
XI.	<p>New Business N/A</p>		
XIII.	<p>Adjourn Meeting was adjourned at 4:30 PM.</p>		