

**VENTURA COUNTY BEHAVIORAL HEALTH ADVISORY BOARD  
PREVENTION COMMITTEE  
MINUTES ■ September 8, 2014**

**Members Present**

June Ewart, Community Coalition United  
Janis Gardner, BHAB Member, Chair, Prevention Committee  
Katherine Kasmir, Straight Up Ventura County  
Joseph Preciado, VCSO  
Kiran Sahota, BHAB Member  
Juls Scott-Christian, Family Member/Consumer

**NEXT MEETING:      October 13, 2014  
   3:15 – 4:30 PM**

Ventura County Behavioral Health  
Lake Cachuma Conference Room "C"  
1911 Williams Dr., Suite 200, Oxnard CA 93036

**Members Absent**

Valerie Barrett, Vista Del Mar Hospital  
Karyn Bates, BHAB Member  
Ratan Bhavnani, NAMI Ventura County  
Nancy Borchard, BHAB Member  
Kate Mills, BHAB Member  
Regina Poynter, Client Network

**VCBH Managers/Staff Present**

Dan Hicks, ADP Prevention Services Manager  
Glenda Valles, Mgmt. Asst., ADP Prevention Services

**Other Attendees**

Becky Haycox, Straight Up Ventura County  
Katalina Martinez, MICOP  
Alondra Mendoza, MICOP  
Debbie Pastor, Aspira Counseling

Note: The committee has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ACTIONS	RESPONSIBLE
I.	<b>Call to Order</b> The meeting was called to order at 3:20 PM by Chair, Janis Gardner		
II.	<b>Approval of the Agenda</b> Approval of agenda for September 8, 2014. The Chair requested the following changes to the agenda: A. Under X. Presentations: Change A. to read: "Mixteco/Indigena Organizing Project (MICOP)/Tequio Youth Group" B. Under X. Presentations: Change B. to read: "Becky Haycox, Straight Up Ventura County – Video Contest Winners" C. Under XI. Board Member Comments – Change to read: "Member Comments" D. Under XIII. Change to read: "Adjourn" in lieu of "Agenda"	<b>Agenda approved as amended. M/S/C</b>	
III.	<b>Approval of the Minutes</b> Minutes of July 14, 2014 were approved as written.	<b>Minutes approved M/S/C</b>	
IV.	<b>Welcome and Introductions</b> The Chair welcomed all and introductions were made around the table.		
V.	<b>Chair Announcements</b> The Chair made the following announcements: A. KerryAnn Schuette is leaving Behavioral Health Dept. She has accepted a position as a counselor in the Oxnard School District.		
VI.	<b>Public Comments</b> None		

VII.	<p><b>Staff Update</b>  Dan Hicks reported on the following:</p> <ul style="list-style-type: none"> <li>A. During a recent conference call with the Southern California Prevention Exchange (SCPE), concern was expressed over the possibility of losing "Primary Prevention" efforts now that Prevention falls under the Substance Use Disorder (SUD) Services in Department of Health Care Services. Prevention coordinators statewide are working to retain community based prevention efforts. Integration is the key.</li> <li>B. A national organization called SAM – Smart Approaches to Marijuana is dedicated to a health-first approach to marijuana policy based on reputable science and sound principles of public health and safety.</li> </ul>		
VIII.	<p><b>New Business</b></p> <ul style="list-style-type: none"> <li>A. The Recovery Month event for September 10, 2014 has sold out.</li> </ul>		
IX.	<p><b>Old Business</b></p> <ul style="list-style-type: none"> <li>A. The Chair requested that there be no "Presentation" segment in the October meeting to allow time to focus on committee mission statement/goals. A sub-committee comprised of Kiran Sahota, Joe Preciado, June Ewart, and Chair Janis Gardner will work on a plan to develop goals/mission statement for the committee.</li> </ul>		
X.	<p><b>Member Comments and Announcements</b>  June Ewart made the following announcements:</p> <ul style="list-style-type: none"> <li>A. She is working with Project SAFER to kick off the "Be the DD" program in Simi Valley. The launch of the program will be on September 26, 2014.</li> <li>B. In recognition of National Recovery Month there will be a screening of the movie "The Anonymous People" at the Simi Valley Public Library on September 22, 2014. This will be hosted by the Rancho Simi Recreation Park District, the Simi Valley Public Library, and the Community Coalition United. A flyer was distributed to the committee.</li> <li>C. Mental Health First Aid training is scheduled in September and October in Simi Valley. Flyers were distributed with details.</li> </ul>		
XI.	<p><b>Presentations:</b></p> <ul style="list-style-type: none"> <li>A. <b>Katalina Martinez with Alondra Mendoza, MICOP/Tequio Youth Program</b>  Ms. Martinez provided an overview of the Mixteco Project serving the Mixteco population in Ventura County and briefly explained the goals of the program: <ol style="list-style-type: none"> <li>1. Leadership of Youth</li> <li>2. Promote Information Regarding Higher Education</li> <li>3. Reduce Discrimination</li> <li>4. Promote Indigenous Pride in Community</li> </ol> Ms. Mendoza, a student in the MICOP/Tequio Youth Program, spoke briefly on various summer opportunities for kids in the Mixteco communities.</li> <li>B. <b>Becky Haycox, Straight Up Ventura – Video Contest Winners</b>  Ms. Haycox provided a brief overview of the Straight Up program and presented the top 3 youth video contest winners with alcohol and drug abuse among youth being the theme. The videos presented were titled as follows: <ol style="list-style-type: none"> <li>1. "Ain't No Party Without Drugs" by Oaks Academy of Thousand Oaks</li> <li>2. "Choice" by Diego Rodriguez of Fillmore High School</li> <li>3. "My Sunshine" by 14 year old Elwood Walker</li> </ol> </li> </ul>		
XII.	<p><b>Future Meeting Discussion</b></p> <ul style="list-style-type: none"> <li>A. Goals and Mission of BHAB Prevention Committee</li> <li>B. Kiran Sahota would like to see more Alcohol and Drug Program presentations.</li> <li>C. The Chair suggested that it might be a good idea to alternate presentations from Mental Health one month to Alcohol &amp; Drug Programs the next month.</li> <li>D. Juls Scott-Christian would like to see a presentation from Recovery Innovations.</li> </ul>		
XIII.	<p><b>Adjourn</b>  Meeting was adjourned at 4:25 PM</p>	<p>Next Meeting:  <b>October 13, 2014</b></p>	