

**VENTURA COUNTY BEHAVIORAL HEALTH ADVISORY BOARD  
PREVENTION COMMITTEE  
1911 WILLIAMS DRIVE, LAKE CACHUMA ROOM, OXNARD, CA**

**MINUTES □ MAY 11, 2015**

<b><u>MEMBERS PRESENT</u></b>	
Janis Gardner	BHAB Member, Chair, Prevention Committee
June Ewart	Rancho Simi Recreation & Park District, Community Coalition United
Larry Hicks	BHAB Member
Karyn Bates	BHAB Member
Sandra Wolfe	BHAB Member
<b><u>VCBH STAFF PRESENT</u></b>	
Janet Kaplan	Alcohol & Drug Program Prevention
Cari Kawell	Alcohol & Drug Program Prevention
<b><u>GUESTS</u></b>	
Dawn Anderson	Ventura County Office of Education

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/AC TIONS	RESPONSIBLE
I.	<b>Call to Order</b> The meeting was called to order at 3:12 PM by Chair, Janis Gardner		
II.	<b>Approval of the Agenda (Action)</b> Agenda for May 11, 2015 was approved.	<b>Agenda Approved M/S/C</b>	
III.	<b>Approval of the Minutes (Action)</b> Minutes of April 13, 2015 were approved with the following amendment: Sandra Wolfe stated that there should be a change to #2 of <b>Old Business IX</b> from the April 13, 2015 BHAB Committee Meeting Minutes. Site Visits will be conducted by Karyn Bates and Sandra Wolfe but not by Straight Up and Breakthrough.	<b>Minutes Approved as Amended  M/S/C</b>	
IV.	<b>Welcome and Introductions</b> The Chair welcomed all. Introductions were made around the table which included Cari Kawell from Alcohol & Drug Programs (ADP) Prevention Services, the new administrative assistant for the BHAB Prevention Committee meetings.		
V.	<b>Chair Announcements</b> Janis Gardner, BHAB Committee Chairperson, introduced an "MJ Psychiatric Times" article and 1 MJ Initiative on the November 2016 ballot. Polls indicate that a large number of the CA population supports marijuana legalization for people over age 21.		
VI.	<b>Public Comments</b> A. None		
VII.	<b>Staff Update</b> A. Janet Kaplan, Sr. Program Administrator, Alcohol & Drug Programs, Prevention Services, shared information about and recently attended the National Rx Drug Abuse Summit in Atlanta in April 2015. In attendance at the Conference were key leaders from CDC, NIDA, FDA and ONDCP. Ms. Kaplan showed a PowerPoint on the RX Drug Abuse Summit. B. She passed out our Prevention Services brochure targeted at college students called "Weed: Myths & Facts." C. Ms. Kaplan also introduced the "Ventura County Responds" report about our prescription drug abuse prevention efforts in the county.		

	<p>D. Ms. Kaplan shared the “Drugged Driving Risks and Realities” Campaign, funded by the Office of Traffic Safety (OTS), focusing on marijuana and prescription drugs.</p> <p>E. Ms. Kaplan discussed the Overdose Rescue and Naloxone Prevention Project piloted in October 2014. She also promoted the “May is Mental Health” month video display at the Hall of Administration at the Ventura County Government Center, and announced the launch of the WellnessVC Twitter account.</p> <p>F. Other Staff: None</p>		
<b>VIII.</b>	<p><b>Time Certain Presentation 4:00 PM</b></p> <p>A. Dawn Anderson, Director, Comprehensive Health &amp; Prevention Programs from the Ventura County Office of Education (VCOE) presented a PowerPoint called “VC Youth on Health Risk Behavior &amp; School Connectedness” which highlighted school resiliency data and analyzed data trends in alcohol and drug use for students in grades 7, 9 &amp; 11. The group discussed that 90% of schools (not districts) share data for reporting &amp; cross geographical areas. 23,000 students were surveyed for CHKS data in Ventura County. Data shows 1 in 5 students are drinking alcohol.</p> <p>B. Initiatives by Ventura County Prevention Services are listed on along with promotional campaigns which educate parents on prevention awareness. Some of these are presented by Reality Improv Connection, Inc. -Straight Up and VCOE’s Friday Night Live. Ms. Anderson also presented two handouts called “California Healthy Kids Survey” and “External Assets in the School, as measured by the CHKS.”</p>		
<b>IX.</b>	<p><b>Old Business</b></p> <p>A. None.</p>		
<b>X.</b>	<p><b>New Business</b></p> <p>A. Janis Gardner, BHAB Prevention Committee Chair stated that the Alcohol &amp; Drug Advisory Board (ADAB) and the Mental Health Board (MHB) merged and now BHAB addresses both issues and addressed Prevention Committee Member Recruitment. In addition, Ms. Gardner requested the meeting attendees to think of people who might want to join the BHAB Prevention Committee.</p> <p>B. Ms. Gardner also discussed that once the BHAB committee adds more new members, there will be more opportunity for Site Visits. Karyn Bates suggested a Site Visit to Khepera House.</p> <p>C. Friday Night Live Awards night was promoted for May 21, 2015 at the Ventura County Office of Education at 5:30 PM where they will be conducting surveys to find out how schools are promoting Prevention Services along with featuring a presentation by students from El Rio.</p> <p>D. It was suggested that Regina Porter speak to BHAB committee and to possibly put that on an upcoming agenda.</p> <p>E. An invitation was extended to participate in the “May is Mental Health” awareness event at Simi Valley Chambers at City Council in Simi Valley on May 11, 2015 at 6:30 PM.</p>		
<b>XI.</b>	<p><b>Committee Member Comments</b></p> <p>A. June Ewart, BHAB Prevention Committee Member, extended invitations to a variety of community events and handed out multiple promotional flyers including the Rancho Simi Recreation &amp; Park District Spring/Summer 2015 Class &amp; Activity booklet called the <i>Reporter</i>.</p> <p>B. Ms. Ewart also mentioned a link that talks about a funding opportunity and new State grant that will give schools up to \$50 million for programs aimed at improving truancy, expulsion and dropout rates. As follows:  <a href="http://hanfordsentinel.com/news/local/schools-to-vie-for-m-grant/article_ab9045f-99e2-5f30-b694-6474401da2cd.html">http://hanfordsentinel.com/news/local/schools-to-vie-for-m-grant/article_ab9045f-99e2-5f30-b694-6474401da2cd.html</a></p>		
<b>XII.</b>	<p><b>Future Meeting Discussion</b></p> <p>A. Presentation for June: Transitions</p> <p>B. Janet Kaplan, Sr. Program Administrator, Alcohol &amp; Drug Program (ADP) Prevention Services, discussed <a href="http://www.wellnesseveryday.org">www.wellnesseveryday.org</a> and that the Wellness VC – Twitter account posts daily tweets for the “Talk About It” campaign. Ms. Kaplan proposed coming back to a BHAB Committee Member meeting to discuss these items further.</p>		
	<p><b>Adjourn</b> Meeting was adjourned at 4:45 PM.</p>	<p><b>Next Meeting:</b> <b>June 8, 2015</b></p>	