

# VENTURA COUNTY BEHAVIORAL HEALTH ADVISORY BOARD PREVENTION COMMITTEE

1911 WILLIAMS DRIVE, LAKE CACHUMA ROOM, OXNARD, CA

## MINUTES □ MARCH 9, 2015

<b><u>MEMBERS PRESENT</u></b>	
Janis Gardner	BHAB Member, Chair, Prevention Committee
John Franchi	VCSO-County LE
June Ewart	Rancho Simi Recreation & Park District, Community Coalition United
Karyn Bates	BHAB Member
Sandra Wolfe	
<b><u>VCBH STAFF PRESENT</u></b>	
Kiran Sahota	Mental Health Services Act
Dan Hicks	Alcohol & Drug Program Prevention
Jeen Rha	Mental Health Services Act
<b><u>GUESTS</u></b>	
John Wendell Hall	Action Family Counseling
Jenifer Duron	Eat2BeHealthy
Paul Corker	AANACA
Lori Litel	United Parents
Adriana Almazan	StraightUp
Dawn Anderson	VCOE
Debbie Pastor	Aspira Counseling

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ACTIONS	RESPONSIBLE
<b>I.</b>	<b>Call to Order</b> The meeting was called to order at 3:17 PM by Chair, Janis Gardner		
<b>II.</b>	<b>Approval of the Agenda (Action)</b> Approval of agenda for March 9, 2015.	<b>Agenda approved M/S/C</b>	
<b>III.</b>	<b>Approval of the Minutes (Action)</b> Minutes of February 9, 2014 were approved with the following amendment: June Ewart commented to add the following to Member comment section: "Ms. Ewart stated she is interested in bringing into discussions about what our county efforts are in providing inpatient treatment facilities with inside resources for those with true dual diagnoses"	<b>Minutes approved as amended M/S/C</b>	
<b>IV.</b>	<b>Welcome and Introductions</b> The Chair welcomed all and introductions were made around the table.		
<b>V.</b>	<b>Chair Announcements</b> A. None		
<b>VI.</b>	<b>Public Comments</b> A. Mr. John Hall of Action Family Foundation announced there will be weekly presentations to be held in Balboa Middle School and Oxnard Police Activities League to parents and teens interested in dealing with addictions.		
<b>VII.</b>	<b>Staff Update</b> A. Dan Hicks, Alcohol & Drug Program (ADP) Prevention Manager, stated that ADP Presentation was at Pacifica High School, focused on marijuana use and		

	<p>effects of marijuana in teen's brain to parents. ADP also secured a grant which allows for a campaign that will add focus on drugged driving more prominently.</p> <p><b>B.</b> Kiran Sahota, Mental Health Services Act (MHSA) Manager, introduced her new role as a MHSA manager and stated that Suicide Prevention meeting will be held in April 10 with a focus to reach out more to community for members.</p> <p><b>C.</b> Other Staff: None</p>		
<b>VIII.</b>	<p><b>New Business</b></p> <p><b>A.</b> Prevention Committee Outreach: Youth Health Prevention Project-California 2016 Marijuana Initiative</p> <ol style="list-style-type: none"> <li>1. The chair, Ms. Gardner, stated that Teen health prevention project is to be edited to be presented to the board. She shared its drafted content and asked members for input before it is submitted on March 16, 2015</li> <li>2. Dawn Anderson, Ventura County Office of Education, stated she will provide the updated data from California Healthy Kids Survey.</li> <li>3. Discussion followed about what the policy is in the clinics when teens are tested positive for marijuana. Dan Hicks, Alcohol &amp; Drug Program (ADP) Prevention Manager, stated he will find out from the clinics.</li> </ol>		
<b>IX.</b>	<p><b>Old Business</b></p> <p><b>A.</b> Discussion of goal or goals for Prevention Committee</p> <ol style="list-style-type: none"> <li>1. Student mental health (common areas of ADP &amp; mental health)</li> <li>2. Suicide prevention (common areas of ADP &amp; mental health) <ol style="list-style-type: none"> <li>i. safeTALK</li> </ol> </li> <li>3. Stigma reduction (common areas of ADP &amp; mental health)</li> <li>4. Youth participation</li> <li>5. Reality parties for parents</li> <li>6. Engaging youth by making them part of the solution</li> <li>7. Straight talk program efforts</li> <li>8. Connect with Chabad (Roxy Theatre, Safe Prom)</li> <li>9. More dialogue regarding mental health components of ADP</li> <li>10. Get serious about youth leadership and empowerment on these issues</li> <li>11. Can't blame youth for the society we created</li> <li>12. Go to the student councils/ youth councils</li> <li>13. Target youth summits and youth-led events</li> <li>14. Focus on tools and skills for kids before they develop bigger issues</li> <li>15. Target school counselors with updated knowledge and financial whereabouts of VCBH</li> </ol> <ul style="list-style-type: none"> <li>• Three macro areas are identified for outreach: parents, youth, school staff</li> </ul> <p><b>B.</b> Site visits and new BHAB recruitment: tabled for next meeting</p>		
<b>X.</b>	<p><b>Time Certain Presentation:</b></p> <p><b>A.</b> None</p>		
<b>XI.</b>	<p><b>Committee Member Comments</b></p> <p><b>A.</b> June Ewart, Rancho Simi Recreation &amp; Park District (RSRPD), Community Coalition United stated she attended Restorative Justice 101 and Simi Valley PD Suicide Prevention Program and Youth Mental Health First Aid will be held on April 28-29 in RSRPD.</p>		
<b>XII.</b>	<p><b>Future Meeting Discussion</b></p> <p><b>A.</b> The presentation for April may be from the Transitions Program.</p> <p><b>B.</b> Ventura County Office of Education (VCOE) will make a presentation for May meeting with latest Healthy Kids data.</p> <p><b>C.</b> Meeting time is changed from 3:15pm - 4:30pm to 3:30pm – 5:00pm.</p>		
<b>XIII.</b>	<p><b>Adjourn</b></p> <p>Meeting was adjourned at 4:40 PM</p>	<p><b>Next Meeting:</b>  <b>April 13, 2015</b>  <b>3:30PM - 5:00PM</b></p>	