

**BEHAVIORAL HEALTH ADVISORY BOARD**  
**PREVENTION COMMITTEE MEETING**  
**MINUTES ■ FEBRUARY 9, 2015**

Present

Janis Gardner, Chair  
 John Franchi  
 June Ewart  
 Karyn Bates  
 Kiran Sahota  
 Sandra Wolfe

VCBH Staff Present

Daniel Hicks  
 Rajima Danish  
 Victoria Bucy

Guests

Gane Brooking  
 Lori Litel  
 Rae Hanstad  
 John Wendell Hall  
 Ratan Bhavnani  
 Jenifer Duron  
 Katherine Kasmir  
 Benjamin Valdez

**NEXT MEETING:**

**Monday, March 9, 2015, 3:15 p.m. – 4:30 p.m.**

Ventura County Behavioral Health,  
 Lake Cachuma Room  
 1911 Williams Dr., Suite 200, Oxnard CA 93036

*Note: The committee has not yet approved these minutes. There may be corrections before the minutes are accepted in final form.*

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ACTIONS	RESPONSIBLE
<b>I. Call to Order</b>			
	Chair Gardner called the meeting to order at 3:15 PM.		
<b>II. Approval of the Agenda (Action)</b>			
	A motion was made to approve the, February 9, 2015 Agenda as presented.	The agenda was approved as presented. <b>M/S/C</b>	
<b>III. Approval of the Minutes (Action)</b>			
	The minutes of the January 26, 2015 meeting were approved as presented.	The minutes were approved as presented. <b>M/S/C</b>	
<b>IV. Welcome and Introductions</b>			
	Chair Gardner welcomed everyone to the meeting and asked for introductions. Self-introductions followed.		
<b>V. Chair Announcements</b>			
	Deferred due to time constraints.	Information	
<b>VI. Public Comments</b>			
	Mr. John Hall of Action Family Foundation introduced himself and expressed his desire to assist in Ventura County.	Information.	
<b>VII. Staff Update</b>			
	A. Dan Hicks, ADP Prevention Services Manager 1. Mr. Hicks reported on several ADP Prevention efforts/events. a. On January 29, a press event was held with Ventura County Emergency Room Physicians and Directors regarding Rx drug policies and prevention. Emergency Room Directors participated either in person or via proxy to show their united efforts regarding safe opioid prescribing guidelines. b. He shared the article, "County doctors impose stricter rules on Rx pills," from the Acorn newspaper, which discussed accidental drug overdose deaths and featured the Ventura County Behavioral Health Medical Director, Dr. Celia Woods.	Information.	

	<p>c. Dan shared information regarding lessons learned in Colorado and Washington states since the passage marijuana laws. As time progresses, lessons are being learned regarding jurisdictions and cannabis regulation. Copies of an information sheet from smartcolorado.org were provided.</p> <p>B. Rajima Danish, Mental Health Services Act Coordinator</p> <ol style="list-style-type: none"> <li>1. Ms. Rajima Danish provided an update on various Prevention and Early Intervention efforts. <ol style="list-style-type: none"> <li>a. The three-year MHSA is scheduled to be posted to the Behavioral Health website for review in the near future. During the 30 day review period, members of the public would be invited to provide comments/feedback.</li> <li>b. In collaboration Tri-County GLAD, the department has a goal to hire a marriage and family therapist that is fluent in American Sign Language.</li> <li>c. The comprehensive Executive Summary of the Evalcorp report for Prevention and Early Intervention (PEI) programs has been posted to the Behavioral Health website.</li> </ol> </li> </ol>		R. Danish
<b>XIII.</b>	<b>New Business:</b>		
	<p>A. Discussion of upcoming presentations and site visits</p> <ol style="list-style-type: none"> <li>1. Chair Gardner stated that there will be a future Prevention Committee presentation from the VIPS (Ventura Early Intervention Prevention Services) Program.</li> <li>2. Site visits by BHAB members are in discussion</li> </ol>	Information.	J. Gardner
<b>IX.</b>	<b>Old Business</b>		
	<p>A. Discussion of Committee Goals</p> <ol style="list-style-type: none"> <li>1. Ms. Wolfe, BHAB Member, stated she had attended a Prevention Course at Oxnard College in 2011. During this course, she learned about underage drinking and access to alcohol, lack of security, vendors not checking identification, etc. <ol style="list-style-type: none"> <li>a. Discussion followed regarding the department's Prevention Providers – Project Safer and Straight Up.</li> </ol> </li> <li>2. Chair Gardner mentioned that due to this months' Time Certain presentation by Rae Hanstad on Marijuana, discussion of the Prevention Committee's goal or goals would be tabled until next month's meeting. There will be no outside presentations scheduled for March, thereby allowing sufficient time for discussion of this issue.</li> </ol>	Information.	J. Gardner
<b>X.</b>	<b>Time Certain Presentation</b>		
	<p>A. Rae Hanstad, Policy consultant for Alcohol and Drug Programs</p> <ol style="list-style-type: none"> <li>1. Ms. Rae Hanstad, an ADP Prevention Provider presented, <i>Weed: Myths and Facts</i>. This presentation was piloted at CSUCI, with Mr. Dan Hicks and Ms. Katherine Kasmir presenting. The presentation targets college students, and may be able to be customized for use with high school students.</li> <li>2. Ms. Hanstad stated that according to the last data in Ventura County, 25% of 11<sup>th</sup> graders reported use in the last 30 days.</li> <li>3. The presentation provided opportunity to ask questions and provoke thought about the difference between common beliefs about marijuana and the facts – such as: “How do we reduce and postpone the number of people and age to protect youth from taking the risk of use at the worst possible time in their brain development?, How do we make sure the realistic harm is known so that they can really understand the importance of not using marijuana?, or How do we keep from driving and riding in a car where the driver has been using marijuana and/or other drugs?”</li> <li>4. Copies of of <i>Weed, Myths and Facts</i>, and <i>Marijuana in Ventura County; A Gateway for Discussion</i> were provided.</li> </ol>	Information.	

	5. Discussion followed the presentation.		
<b>XI.</b>	<b>Committee Member Comments</b>		
	<p>A. Ms. Ewart announced upcoming MHFA training and Reality Party for Parents in March, and the piloting Youth MHFA training in April.</p> <p>B. Mr. Bhavnani reported the NAMI walk will be the first Saturday in May and the NAMI Provider Education Program will begin soon.</p> <p>C. Ms. Wolfe stated she had a discussion with her physician on Medi-Cal. The physician relayed her unhappiness that few physicians have agreed to take on Medi-Cal as a payor, especially those patients with Medi-Cal and mental health issues.</p> <p>D. Ms. Sahota announced that she had accepted the position of VCBH PEI Manager, and Sergeant Franchi will be representing CIT on the Prevention Committee.</p> <p>E. Ms. Bates stated the Client Network would hold a workshop on Friday, 2/13/15 from 10:30 – 12:00.</p>		
<b>XII.</b>	Future Meeting Discussion		
<b>XIII.</b>	<b>Adjourn</b> The meeting adjourned at 4:33 PM.	Next Meeting: March 9, 2015	