

VENTURA COUNTY BEHAVIORAL HEALTH ADVISORY BOARD PREVENTION COMMITTEE

1911 WILLIAMS DRIVE, LAKE CACHUMA ROOM, OXNARD, CA

MINUTES □ APRIL 13, 2015

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| <u>MEMBERS PRESENT</u> | |
| Janis Gardner | BHAB Member, Chair, Prevention Committee |
| John Franchi | VCISO-County LE |
| June Ewart | Rancho Simi Recreation & Park District, Community Coalition United |
| Karyn Bates | BHAB Member |
| Sandra Wolfe | |
| <u>VCBH STAFF PRESENT</u> | |
| Kiran Sahota | Mental Health Services Act |
| Dan Hicks | Alcohol & Drug Program Prevention |
| Jeen Rha | Mental Health Services Act |
| <u>GUESTS</u> | |
| John Wendell Hall | Action Family Counseling |
| Jenifer Duron | Eat2BeHealthy |
| Paul Corker | AANACA |
| Kathy Mulford | VCBH DUI |
| Adriana Almazan | StraightUp |
| Benjamin Valdez | Pacific Clinic Tay Tunnel |
| Kerry Durkee | Action Family |

| | DISCUSSION/CONCLUSIONS | RECOMMENDATIONS/ACTIONS | RESPONSIBLE |
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| I. | Call to Order The meeting was called to order at 3:36 PM by Chair, Janis Gardner | | |
| II. | Approval of the Agenda (Action) Agenda for April 13, 2015 was approved with the following amendment: VIII. A to change to "Approval of Teen Health Prevention Project and ADP & Prevention Services Marijuana Efforts (ACTION)." | Agenda approved M/S/C | |
| III. | Approval of the Minutes (Action) Minutes of March 9, 2015 were approved with the following amendment: Addition of "BHAB Member" next to Sandra Wolfe in the Member section. | Minutes approved as amended M/S/C | |
| IV. | Welcome and Introductions The Chair welcomed all and introductions were made around the table. | | |
| V. | Chair Announcements A. The Chair stated the importance of abiding by Roberts Rules and Brown Act by adhering to the agenda and that items not in agenda should be postponed until the meeting is adjourned. | | |
| VI. | Public Comments A. None | | |
| VII. | Staff Update A. Dan Hicks, Alcohol & Drug Program (ADP) Prevention Manager, mentioned that California Healthy Kid (CHKS) survey, available via | | |

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| | <p>http://www.vcoe.org/hth/CaliforniaHealthyKidsSurvey(CHKS)/CaliforniaHealthyKidsSurvey201314.aspx, is not a requirement and as school districts opt out of conducting this survey, our data-driven prevention efforts will suffer. BHAB Prevention Committee may need to discuss how we can sustain this survey. Mr. Hicks also mentioned Marijuana in Ventura County: A Gateway for Discussion publication is available via http://venturacountylimits.org/resources/article/EC59BB/marijuana-in-ventura-county-a-gateway-for-discussion-copy which includes information related to marijuana use.</p> <p>B. Kiran Sahota, Mental Health Services Act (MHSA) Manager stated that Countywide Coordinating Council for Suicide Prevention meeting is restarted. Stan Collins from CalMHSA will talk about primary care training on suicide prevention in May. Ms. Sahota also discussed the upcoming stigma reduction radio campaign in Spanish starting in April and that she will attend a training in media related to suicide prevention.</p> <p>C. Other Staff: None</p> | | |
| VIII. | <p>New Business</p> <p>A. Approval of: Teen Health Prevention Project and ADP & Prevention Services Marijuana Efforts (ACTION)</p> <ol style="list-style-type: none"> 1. The chair, Ms. Gardner, stated that Teen Health Prevention Project and ADP & Prevention Services Marijuana Efforts is to be edited to be presented to the BHAB. She shared its drafted content and asked members for inputs and a motion to endorse its submission as amended. <p>B. Further discussion/finalization of goal(s) for Prevention Committee</p> <p>Highlighted goals</p> <ol style="list-style-type: none"> 1. The committee discussed taking the mission statement to be a goal for BHAB Prevention Committee as follows: "To promote measures that prevent mental and/or substance use disorders from becoming destabilizing components in the lives of Ventura County residents. Our aim is to help support education, prevention and early intervention efforts with particular emphasis on the interaction of mental health and substance use challenges." 2. Priorities for fiscal year 2014-2015 are discussed as follows: <ol style="list-style-type: none"> i. Review current prevention programs ii. Engage and encourage youth attendance iii. Inform the board about ongoing presentations, education and prevention efforts. | Project approved M/S/C | |
| IX. | <p>Old Business</p> <p>A. Site Visits and BHAB recruitment</p> <ol style="list-style-type: none"> 1. Discussion took place to bring in more youths, 18 and over, to attend next BHAB Prevent Committee meeting. 2. Karen Bates and Sandra Wolfe will visit StraightUp and Breakthrough. The committee will look at the option to visit straightTalk. | | |
| XI. | <p>Committee Member Comments</p> <p>A. June Ewart, Rancho Simi Recreation & Park District (RSRPD), Community Coalition United distributed flyers for safeTalk, MHFA, Restorative Justice and highlight other events for April and May.</p> <p>B. Kerry Durkee distributed flyers for Action Family.</p> | | |
| XII. | <p>Future Meeting Discussion</p> <p>A. VCOE</p> | | |
| XIII. | <p>Adjourn</p> <p>Meeting was adjourned at 5:00 PM</p> | Next Meeting: May 11, 2015 3:30PM - 5:00PM | |
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